

August



Aranui. A proud community of hope and opportunities where people stand tall.

The July Community BBQ - during the School Holiday's was a great opportunity for community members to catch up with their neighbours for a chat. Rawiri from He Waka Tapu joined us on the BBQ, with the sun shining and the people gathering it got quite busy and the line for a free sausage sizzle was getting bigger that's when Taui a community member jumped in and gave us a hand, Tu Meke, Taui, mean community spirit in Aranui as always.

A special thank you also goes out for a kind donation of children's warm winter pajama's that we were able to give out to some very grateful and happy whanau.



Friday after School activities with Cheyenne



Starting Friday the 3rd of August
3:00pm – 4:00pm

Kids aged 7 – 12 years

Traditional Maori games starting
with Poi Toa

Poi made by kids from the Free Az
holiday programme.

Every Friday for 8 weeks

Wainoni Park, Hampshire Street

We are looking for Food Vendors to join us at AFFIRM Family Festival on the 1st of December. We are looking for something different, colourful, themed and fun. Registration forms can be downloaded from our website, Aranui Community Trust under events > AFFIRM.

17AFFIRM 2018 STALL REGISTRATION FORMS ARE NOW OPEN

Registration is now open for the 2018
AFFIRM FAMILY FESTIVAL

Saturday Dec 1st 2018

**Hurry as there is always a lot of interest,
and spaces go fast!**

Registration closes 7th Sept 2018 @ 4pm

Registration forms can be requested by
emailing either sera@actis.org.nz or
rachael@actis.org.nz, alternatively you can
collect from our office at 37 Hampshire St.

Website: www.actis.org.nz

Facebook: [Aranui Community Trust](https://www.facebook.com/AranuiCommunityTrust)

Opening Hours Mon - Thurs 9am - 5pm, Fridays 9am - 4pm

37 Hampshire Street, Aranui, Christchurch, 8061

PO Box 15036, Christchurch, 8061, Telephone: 03 963 7070

Next Newsletter due 14th September

Items due: 20th August by emailing Tracey

tracey@actis.org.nz

Newsletter available 14th of each month.

Box Fit!!, Wednesday nights, 7:30pm

@ Aranui Wainoni Community Centre.

These sessions are free for the time being as it is Alex Timo's way of giving back to his community. So no excuses to not be active, social and meet other members of your community.



Box fit classes are for all ages and all levels of fitness, held in a large space with plenty of room for movement. A friendly warm environment, with all gears provided, children welcome with an adult. all for the cost of a smile and a positive attitude. Big ups to Alex for his time and kind heart.



Congratulation's Luke from **MOTOWN Barbers** - for winning the open section in the beard category in the Barber craft completion held in Auckland last month.

Foo yeah whanau! we have one of the best barbers in NZ right here in Aranui. So go check him out!

15 Woodlands Place, Aranui or Ph 027 365 8270.

This photo was taken from our Dads & Kids event held in April where Luke & his brother Scott kindly donated his time and talent to support the Aranui community.



Welcome to Father & Child Trust

Happier Dads and Families

Upset? Confused? Suffering loss in your role as a father?
...or just need more information about being a dad?

We provide a variety of programmes, resources and support for Dads including our Why Dad booklet - 10 week correspondence course, Teen Dad support and anger management courses

<http://fatherandchild.org.nz/> Ph: 03 982 2440

Botanic D'lights - Christchurch Botanic Gardens

8 Aug - 12 Aug, 6pm until 9pm

Step into a winter wonderland at the Christchurch Botanic Gardens and the Arts Centre of Christchurch with a spectacular light show! Enjoy eye-catching installations and projections, plus live entertainment, during this dazzling five-night display.

Entry is by gold coin donation with all proceeds to Nurse Maude Hospice.

Meme Mini Cabs, private hire,
tours \$2 per km,

4 persons max

Phone or text 022 152 1955

Safe Reliable & Affordable

LTSA approved drivers & vehicles

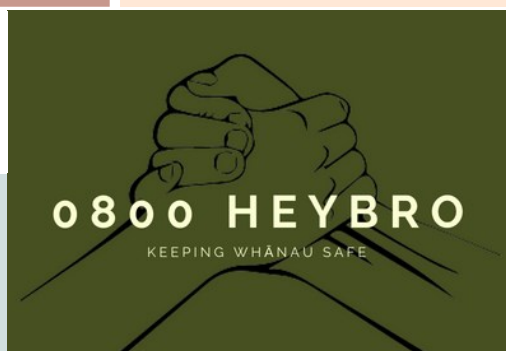
HE WAKA TAPU

Me mahi tahi tātou mo te oranga o te whānau



0800HEYBRO This number is setup for men who feel they're going to harm a loved one or whanau member.

PH: 0800 439 276 We are here to support 24/7 to listen and to help. So give us a call next time you are on the edge.



ARANUI COMMUNITY TRUST



Aranui Mower Shed: Mon - Fri 9.00 am-3.00 pm for all Aranui community members.

Lawn Mower: \$20 deposit & \$8 Hire. Includes petrol.

New members will need to fill out a quick and easy application form and provide 2 forms of ID (address & photo) as proof of living within the Aranui community. Chat to one of our friendly staff members for more details by calling 03 963 7070

FRUIT AND VEGE CO OP

Every Wednesday order and collect from ACTIS.



\$6 Bags and \$12 bags

Due to high demand

and an awesome service

Community Law

have extended their hours.

ACTIS every Tuesday 11am - 4:15pm

Free legal advice

Appointments Necessary

Call 03 963 7070



Have-A-Go at Indoor Bowls! For our senior community

Every Tuesday from 10:30 am - 12:30 pm (NOTE NEW TIME!) at the Aranui/Wainoni Community Centre, Hampshire Street, Aranui.

No experience necessary, all abilities welcome. Come along and give it a go. Please wear soft shoes. Cost per person is \$2. 1st session FREE!!

**Aranui Community Walking Group.
Have decided to take a break from walking due
to the cold mornings.**

**And will start back up on
Monday 3rd September.**

Breezes Road Baptist Church

Wednesday Welcome

10am - 12:30pm

**A relaxed place to meet people, play cards or table games,
do puzzles or adult coloring in, or sit back and enjoy the
company.**

Morning Tea and lunch provided.

All welcome.

The Aranui Community Trust wishes to thank all of our funders, for working with us to make Aranui a proud community of



CALLING FOR VOLUNTEERS TO SUPPORT THE LEARNERS LICENCE DRIVING COURSE IN ARANUI

Date: Fri 5 Oct, Fri 12 Oct, Fri 19 Oct, Fri 26 Oct, 2 November

Time: Every Friday from 12pm to 3pm

Location: Aranui Wainoni Community Centre, 31 Hampshire St, Aranui



You would be helping the course participants to achieve their Learners Licence. It would be ideal if you could volunteer your time for the entire course but we would also appreciate any time you could volunteer.

To register as a volunteer for this course please phone the Aranui Community Trust on 03 963 7070.

Spaces for the Learners Licence Drivers course are now full.

Senior Spring Dance

Friday 21st September

6pm until 8pm

Aranui, Wainoni Community Centre



The Senior Spring Dance is a FREE event open to community members 50years +
Numbers are limited to this event. Registrations can only be made by either calling your host the Aranui Community Trust on 03 9637070 or popping into our Office at 37 Hampshire Street, Aranui. 37 Hampshire Street, Aranui.

Registrations for Senior Spring Dance can be made by calling ACTIS on 03 963 7070 or popping in to see us.



MINISTRY OF
SOCIAL DEVELOPMENT
Te Manatū Whakahiato Ora



Keeping our Tamariki safe from fire. FREE smoke alarm installation.

As a part of the Fire and Emergency New Zealand's Home Fire Safety Visit programme, smoke alarms and installation are available for free.

The Fire Services will also check existing alarms and install extra ones to ensure your safety.

To suss this out come into ACTIS and fill out a few details, and we'll get you sorted for smoke alarms.

Free Counselling Service @ the Women's Centre

Getting a Counselling Appointment:

Monday to Friday 9.15 am - 2.30pm

There is no criteria for accessing our counselling service. All you need to do is come in or ring us to let us know you want to start the counselling process. Phone 03 371 7414 or 0221055308
support@womenscentre.co.nz



Pegasus Ladies Club—New Brighton - Creating new friendships

Have you ever thought about meeting new people? Sightseeing our beautiful City with a bunch of like minded, outgoing ladies? Our club is for retired and semi retired ladies. We meet at 10.00 am on the 4th Monday of each month at Rawhiti Golf

Club, 100 Shaw Ave, New Brighton. For more information please contact: Clare on **383 3994** or Helen **385 5188**.

Last month the Pegasus ladies enjoyed connecting with each other through special guest speakers making a visit. They learnt so much from expert dog handlers

This month the Pegasus ladies club are celebrating 26 years since conception. This celebration will be a lunch gathering at the Gardens Restaurant in Shirley. Go on give them a call and jump in on all the fun, support and friendships on offer.

Keeping active over the winter months as a community

There are so many options available within the Aranui community to keep fit, active and social.

Below are just a few different options for all ages, fitness levels and whanau involvement.

	Activity	Days	Location	Cost	Contact Person
	Mums & Bubs Fitness	Weds 10:30 am - 11:30 am	A Town Boxing Gym Wainoni Park	Gold coin donation	bobbie@actis.org.nz
Zumba	Zumba	Monday nights 7:30pm	Aranui/Wainoni Community Centre	Gold Coin Donation	Fitness X Christchurch
	Self Defence	Tues and Thurs	233 Breezes Road	\$2 per class	981 1957
	A Town Boxing Gym.	Tues and Thurs 5:30pm - 7:00pm	32 Hampshire St Wainoni Park	\$5 per class	Call Jamie on 021 1677991
	Indoor Bowls NEW TIME!	Tuesdays 10:30 am 12:30 pm	Aranui Wainoni Community Centre	1st session free \$2 per person	Call ACTIS on 963 7070
	Traditional Maori games with Poi	Friday, starting term 3 3:00 pm 4:15 pm	Basketball Courts Or Wainoni Park	Free	Call ACTIS on 963 7070

EASTSIDE MUMS & BUBS FITNESS (\$ Gold Coin)

Every Wednesday Morning

10:30 am - 11:30 am

A Town Boxing Gym.

Contact Bobbie on 963 7070

Gold coin donation to attend



Depression Support, Janet Robson of
Depression Support network is available
if you are finding life tough and need to talk to someone.
call 03 366 8083 or email janet@dsn.org.nz

Housing New Zealand is here to help

- If you're already a Housing New Zealand tenant, ring **0800 801 601** for enquiries about your property.
- To apply for a Housing New Zealand home, ring Ministry of Social Development on **0800 559 009**.

Tenancy managers Darryl Freeman and Tamsyn Edwards are at Heartlands every Tuesday and Wednesday 1-3pm.

Housing New Zealand
Housing New Zealand Corporation



Aranui Heartland Service

Phone: 963 7070, 37 Hampshire Street

Partnership Community Worker: 9:00 am - 5:00 pm

MONDAY— FRIDAY

Kiwisport Activator Mon 8.30 am -1.30 pm Wed 12.00 pm - 5.00 pm

Thur 11.30 am - 4.30 pm Fri 12 pm - 4.00 pm

**Fridays ACTIS closes
at 4.00 pm**

Early Childhood Education: Mon—Thurs 9.00 am - 2.00 pm

Community Connectedness: Mon—Thurs 9.00 am - 3.00 pm

MONDAY

Mower Shed (Mon - Fri)

9:00 am - 3:00 pm

Beneficiary Advisory Services

12:00 pm - 2.00 pm

TUESDAY

Community Law

11:00 am - 4:15 pm

Budgeting - with Kingdom Resources

By Appointment

Contact: 03 332 1700

Housing New Zealand Corporation

1:00 pm - 3:00 pm

Maori Land Court Contact: 03 962 4900

By Appointment

Mums and Bubs coffee group (Aranui Library)

10:00 am - 11 am

Indoor Bowls \$2 cost per person

10.30 - 12.30 pm

Tenants Protection Association (Fortnightly)

9:30 am - 11:30 am

WEDNESDAY

Housing New Zealand Corporation

1:00 pm - 3:00 pm

NZ Fire Service last Weds of each month

10:00 am - 2:00 pm

Euchre— Every Wed except on Foot Clinic day

1pm - 4:00 pm

Foot Clinic—2nd Wed of each month (By Appt)

1:00 pm Start

Mums and Bubs Fitness - A Town Boxing Gym

10:30 am-11.30 am

THURSDAY

Green Prescription by Appointment

1:00 pm - 3:00 pm

Ara Institute of Canterbury

10:00 am - 1 pm

FRIDAY

Kiwisport Activator

12:00 pm - 4.00 pm

Partnership Community Worker

9:00 am - 5.00 pm

B4 School Checks (By Appointment)

9:00 am - 3.00 pm

**MONTHLY FREE COMMUNITY LUNCH: Every 2nd Thursday of each month 11:00 am - 12:15 pm
@ Café 53, Hampshire Street, Aranui.**

NEED TO TALK?

1737

free call or text
any time

Beneficiary Advisory Services

BAS provides a service of information, support and advocacy to people on benefits and low incomes. Adrienne Keir is on site here at ACTIS every Monday from 12pm until 2pm. Come in with any questions or concerns you may have regarding your benefit.

You can also contact Adrienne by calling 03 379 8787 or 028 415 5982.

Euchre - For all ages, beginners welcome.

Every Wednesday without fail.

1pm - 4pm,

In the Heartland area at ACTIS



Every Thursday from 9:30am until 11:30am, @ ACTIS on Hampshire Street.

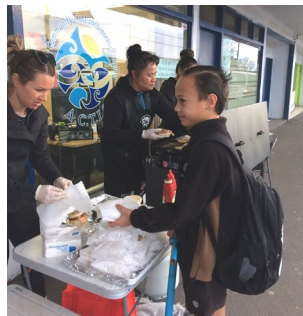
Helpful staff from Ara here at ACTIS, to hook you up with everything you need to know about starting a course at the Ara Institute of Canterbury.

No appointments necessary, just rock on up to see what's on offer.



Raise Our Men The film features interviews with 9 kiwi men, telling their stories. It shows that change is possible when men are shown and supported to choose a different respectful path. To download the movie click on <https://www.youtube.com/watch?v=2cBiHg88JEs>

Brekkie on the go in the month of June, so many little grateful tummies were feed on the way to School. Again a huge thank you to Ironbridge Real Estate and to Camilla and Matt for funding our monthly Breakfast which is such a hit with the kids of our community.



Emergency Food Bank, St Ambrose Church, 309 Breezes Road

Tues, Thurs, & Fridays - 10am - 12pm, Phone 03 3886699



STARTING THE WELLBEING CONVERSATION WITH OUR COMMUNITY

Tuesday 14 August
5:30-7:00pm
Haeata Community Campus, Main Building

Facilitated by Dr Lucy Hone
Everyone welcome
Kai provided
Childcare provided
Bring along your whanau
Focusing on:
Resilience
What does wellbeing mean to you?
Building collective understanding of Wellbeing at Haeata

Foot Clinic 2nd Wednesday of each month

For our senior community

Appointments essential, call 963 7070

Cost is a donation. Your feet will be soaked in a warm spa, your toenails cut and then you will receive a foot massage.

Unfortunately we are unable to offer this service to those with diabetes.

Next Foot Clinic 8 Aug, 12 Sept



2018 - Dates to Remember

Free Community Lunch: Thurs 9 Aug 53 Hampshire Street, (Café) **11:00 am - 12:15 pm**

Community Walking Group: Starting back up 3 September.

Indoor Bowls: Every Tuesday NEW TIME. 10:30 am - 12:00 pm, \$2 per person, first session FREE

Aranui Wainoni Community Centre.

Foot Clinic 2nd Wednesday of each month: From 1:00 pm at Heartlands,
Aranui Community Trust.

Aranui Community Trust. Call 963 7070 bookings essential, next date **8 August**

Euchre Wednesdays - 1.00 pm - 4.00 pm, in the Heartland space.

**IT IS
OK TO ASK
FOR HELP**

0800 456 450
www.areyouok.org.nz

Blanket Bank

Located @

105 Brighton Mall

Phone: 388 9920



As a D.A.R.E (Discover, Attempt, Reflect, Extend) project Theo, Will and Hugo decided to collect sports equipment and give it away to a worthy group. After speaking to Jess De'Bont the boys become aware of Aranui Community Trust and felt that the sports gear could be put to good use by them.



After requesting sports gear from their local community the boys managed to collect two bags of sports equipment which they handed over to the trust. The boys learnt a lot from this project and are happy the sports equipment will be put to good use. Thank you again to these awesome boys

from Tai Tapu Primary School.



Staff Contacts for Aranui Community Trust, 37 Hampshire Street, Aranui, Christchurch 03 963 7070

Rachael Fonotia
Manager

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021 216 7177

Sera Thompson

Administration and Heartland

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Partnership Community Worker

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Tracey Hunter

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Cheyenne Thompson

Kiwisport Activator

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Bobbie Campbell

ECE Coordinator

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Have our Newsletter emailed to you by contacting sera@actis.org.nz

Aranui Community Trust Board: Chairperson - Rob Davidson, Vice-Chair - Lorna Moke, Secretary - Anni Watkin, Treasurer - Jacqui Te Wani, James Beedles, Barry Campbell, Roy Appley, Mel Hiller, Glenn Livingstone & Mark Scown.