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# ARANUI COMMUNITY TRUST NEWSLETTER

# July



***Aranui. A proud community of hope and opportunities where people stand tall.***

**The under 5s play day -** It was lovely to see so many come along to enjoy the under 5yr olds play day. If you are looking for a Preschool for your under 5 year old come and see Bobbie here at ACTIS. We can help you find the perfect Preschool for your little one. A big thank you to all those that came along to share the day with us.



**Sera - Admin and Heartland administrator here at ACTIS.**

Hi Guys Sera here, I have been here now for 5 months. Man that went fast!! It already feels like I've been here for years, as I am enjoying being apart of the Aranui community.

Feel free to pop on into ACTIS if you have any questions regarding local services or Heartland services I'm always available to help out with any information you need.

But it doesn't always have to be about business either we welcome the drop in visits from you guys for a cup of tea and chat. I think that's what I am really enjoying about my role here at ACTIS, is that it feels more like one big family that is always looking out for one another and how comfortable we all are to sit and enjoy a hot drink or lunch Together with great conversations with you the community.



**17AFFIRM 2018 STALL REGISTRATION FORMS ARE NOW OPEN.**

**Registration is now open for the 2018**

**AFFIRM FAMILY FESTIVAL**

**Saturday Dec 1st 2018**

**Hurry as there is always a lot of interest, and spaces go fast!**

**Registration closes 7th Sept 2018 @ 4pm**

Registration forms can be requested by emailing either [sera@actis.org.nz](mailto:sera@actis.org.nz) or [Rachael@actis.org.nz](mailto:Rachael@actis.org.nz), alternatively you can collect from our office at 37 Hampshire St.

Website: [www.actis.org.nz](http://www.actis.org.nz)

Facebook: [Aranui Community Trust](https://www.facebook.com/AranuiCommunityTrust)

Opening Hours Mon - Thurs 9am - 5pm, Fridays 9am - 4pm

37 Hampshire Street, Aranui, Christchurch, 8061

PO Box 15036, Christchurch, 8061, Telephone: 03 963 7070

Next Newsletter due 14th August

Items due: 20th July by emailing Tracey

[tracey@actis.org.nz](mailto:tracey@actis.org.nz)

**Newsletter available 14th of each month.**

**Box Fit!!**, Wednesday nights, 7:30pm

**@ Aranui Wainoni Community Centre.**

These sessions are free for the time being as it is Alex Timo's way of giving back to his community. So no excuses to not be active, social and meet other members of your community.



Box fit classes are for all ages and all levels of fitness, held in a large space with plenty of room for movement. A friendly warm environment, with all gears provided, children welcome with an adult. all for the cost of a smile and a positive attitude. Big ups to Alex for his time and kind heart.

**SHAKE  
WHAT YO  
MAMA  
GAVE YA.**

**ZUMBA - \$ Gold Coin**  
**with Fitness X Christchurch!!**  
**Every Monday night 7:30pm**  
**@**  
**Aranui Wainoni Community**  
**Centre!!**

**Residential services :** House washing, Roof cleans, Stain removal  
Driveway cleans, Moss and Mould removal, Pre-paint prep,  
Gutter cleaning, Concrete acid washes and reseals

**CE CLEAN EZY**  
WATERBLASTING & PROPERTY MAINTENANCE SERVICES

**Commercial services :** Building cleans, Stain removal,  
Signage cleans, Vehicle Wash downs, Concrete acid  
washes and reseals



Welcome to Father & Child Trust

*Happier Dads and Families*

Upset? Confused? Suffering loss in your role as a father?  
...or just need more information about being a dad?

We provide a variety of programmes, resources and support  
for Dads including our Why Dad booklet -  
10 week correspondence course, Teen Dad support and anger  
management courses

<http://fatherandchild.org.nz/> Ph: 03 982 2440



Ms LP Blackler, 241 Breezes Road	Ph: 388 0778
Mr S Beveridge, 104 Shortland St	Ph: 382 6088
Mr R W Williams, 28a Ottawa Road	Ph: 381 2991
Poto Williams, MP, 133 Brighton Mall	Ph: 3820288
Mr LF Avia, 296c Pages Road	Ph: 382 6088
Mr A Lea, Falcon Street	Ph: 388 3254

**Meme Mini Cabs, private hire,**  
**tours \$2 per km,**  
**4 persons max**

**Phone or text 022 152 1955**

**Safe Reliable & Affordable**

**LTSA approved drivers & vehicles**

**0800HEYBRO** This number is setup for men who feel they're going to harm a loved one or whanau member.

**PH: 439276** We are here to support 24/7 to listen and to help. So give us a call next time you are on the edge.

**Eastern Masters Rugby League - Housie Fundraiser - Woolston Workingman's Club**

**Thursday Nights - 7pm**

**Proceeds going towards International Tournament in the UK 2021**

**Contact Heather for more info 021 023 07219**



## ARANUI COMMUNITY TRUST



**Aranui Mower Shed: Mon - Fri 9.00 am-3.00 pm for all Aranui community members.**

**Lawn Mower: \$20 deposit & \$8 Hire. Includes petrol.**

**New members will need to fill out a quick and easy application form and provide 2 forms of ID (address & photo) as proof of living within the Aranui community. Chat to one of our friendly staff members for more details by calling 03 963 7070**

### FRUIT AND VEGE CO OP

**Every Wednesday order and collect from ACTIS.**



**\$6 Bags and \$12 bags**

**Due to high demand  
and an awesome service**

**Community Law**

**have extended their hours.**

**ACTIS every Tuesday 11am - 4:15pm**

**Free legal advice**

**Appointments Necessary**

**Call 03 963 7070**



**Have-A-Go at Indoor Bowls! For our senior community**

**Every Tuesday from 10:30 am - 12:30 pm (NOTE NEW TIME!) at the Aranui/Wainoni Community Centre, Hampshire Street, Aranui.**

**No experience necessary, all abilities welcome. Come along and give it a go. Please wear soft shoes. Cost per person is \$2. 1st session FREE!!**

**Contact Aranui Community Trust on 963 7070, for any enquiries.**

**Aranui Community Walking Group.**

**Have decided to take a break from walking due to the cold mornings.**

**However they would like to stay together socially so have come up with a great alternative.**

**Board games every Monday morning, 10:30am until 11:30am @ ACTIS**

**Breezes Road Baptist Church**

**Wednesday Welcome**

**10am - 12:30pm**

**A relaxed place to meet people, play cards or table games, do puzzles or adult coloring in, or sit back and enjoy the company.**

**Morning Tea and lunch provided.**

**All welcome.**

**The Aranui Community Trust wishes to thank all of our funders, for working with us to make Aranui a proud community of hope and opportunities, where people stand tall.**



### Learner Driver programme ( FREE Course )

- @ Nga Maata Waka - 250 Pages Road, Aranui.
- Open to 16 to 20 year olds
- Learning tools provided

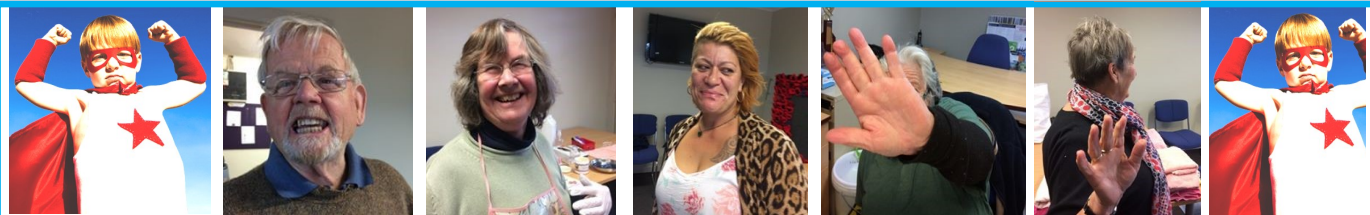


Please note a \$20 deposit is required to confirm your enrolment. This is then used towards your Learners License test booking fee of \$93.90.

Phone: 03 382 6628

### Acts of Awesomeness!!

A big thank you this month goes out to our foot care clinic volunteers who tirelessly offer their services each month to take care of the feet of the Aranui community. You guys are awesome and the foot care clinic is a success because you are part of it. Thank you for being awesome, you guys rock!! xx



**The Aranui Community Trust FREE Az Holiday Programme** - Once a year for one week only Children of the Aranui Community and surrounding suburbs are nominated by their School to attend the ACTIS Free AZ Holiday Programme. This is a way for us to celebrate a child's achievements during School term 1 and 2.

Here a few fun things we done this School Holidays. The Staff had just as much joy as we hope these tamariki did. Shout outs go to Garden Fresh Greengrocers on Pages Road for supplying the Holiday Programme with healthy fruit for the week, to The Christchurch City Council with support for funding, to Ricard and the Team at **FLIPOUT** for always making us feel welcome. And to all the kids that attended this year thank you for your uniqueness.



### Pegasus Ladies Club—New Brighton - Creating new friendships

Have you ever thought about meeting new people? Sightseeing our beautiful City with a bunch of like minded, fun loving ladies? Our club is for retired and semi retired ladies. We meet at 10.00 am on the 4th Monday of each month at Rawhiti Golf

Club, 100 Shaw Ave, New Brighton. For more information please contact: Clare on **383 3994** or Helen **385 5188**.

**Raise Our Men** The film features interviews with 9 kiwi men, telling their stories. It shows that change is possible when men are shown and supported to choose a different respectful path.

To download the movie click on the following link and add the password Whiteribbon.

<https://vimeo.com/240588287>



0800 456 450  
[www.areyouok.org.nz](http://www.areyouok.org.nz)



## Keeping active over the winter months as a community

There are so many options available within the Aranui community to keep fit, active and social.

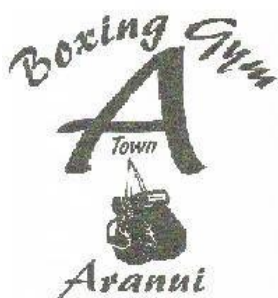
Below are just a few different options for all ages, fitness levels and whanau involvement.

	Activity	Days	Location	Cost	Contact Person
	Mums & Bubs Fitness	Weds 10:30 am - 11:30 am	A Town Boxing Gym Wainoni Park	Gold coin donation	bobbie@actis.org.nz
	Board Games All ages	10:30 am	Meet at ACTIS	<b>Free</b>	Call ACTIS 963 7070
	Self Defence	Tues and Thurs	233 Breezes Road	\$2 per class	981 1957
	A Town Boxing Gym.	Tues and Thurs 5:30pm - 7:00pm	32 Hampshire St Wainoni Park	\$5 per class	Call Jamie on 021 1677991
	Indoor Bowls <b>NEW TIME!</b>	Tuesdays 10:30 am 12:30 pm	Aranui Wainoni Community Centre	1st session free \$2 per person	Call ACTIS on 963 7070
	Ball skills and drills	Friday, starting term 3 3:00 pm 4:15 pm	Basketball Courts Or Wainoni Park	<b>Free</b>	Call ACTIS on 963 7070

**EASTSIDE MUMS & BUBS  
FITNESS ( \$ Gold Coin )  
Every Wednesday Morning**

**10:30 am - 11:30 am  
A Town Boxing Gym.**

**Contact Bobbie on 963 7070**



**Depression Support, Janet Robson of  
Depression Support network is available  
if you are finding life tough and need to talk to someone.  
call 027 487 6269 or email janet@dsn.org.nz**

## Housing New Zealand is here to help

- If you're already a Housing New Zealand tenant, ring **0800 801 601** for enquiries about your property.
- To apply for a Housing New Zealand home, ring Ministry of Social Development on **0800 559 009**.

Tenancy managers Darryl Freeman and Tamsyn Edwards are at Heartlands every Tuesday and Wednesday 1-3pm.

**Housing New Zealand**  
Housing New Zealand Corporation



# Aranui Heartland Service

Phone: 963 7070, 37 Hampshire Street

Partnership Community Worker: 9:00 am - 5:00 pm

## MONDAY— FRIDAY

Kiwisport Activator Mon 8.30 am -1.30 pm Wed 12.00 pm - 5.00 pm

Thur 11.30 am - 4.30 pm Fri 12 pm - 4.00 pm

**Fridays ACTIS closes  
at 4.00 pm**

Early Childhood Education: Mon—Thurs 9.00 am - 2.00 pm

Community Connectedness: Mon—Thurs 9.00 am - 3.00 pm

### MONDAY

Mower Shed (Mon - Fri)	9:00 am - 3:00 pm
Board Games, meet at ACTIS	10:30 am - 11:30 am
Beneficiary Advisory Services	12:00 pm - 2.00 pm

### TUESDAY

Community Law	11:00 am - 4:15 pm
Budgeting - with Kingdom Resources	By Appointment
Contact: 03 332 1700	
Housing New Zealand Corporation	1:00 pm - 3:00 pm
Maori Land Court Contact: 03 962 4900	By Appointment
Mums and Bubs coffee group (Aranui Library )	10:00 am - 11 am
Indoor Bowls \$2 cost per person	10.30 - 12.30 pm
Tenants Protection Association ( Fortnightly )	9:30 am - 11:30 am

### WEDNESDAY

Housing New Zealand Corporation	1:00 pm - 3:00 pm
NZ Fire Service last Weds of each month	10:00 am - 2:00 pm
Euchre— Every Wed except on Foot Clinic day	1pm - 4:00 pm
Foot Clinic—2nd Wed of each month (By Appt)	1:00 pm Start
Mums and Bubs Fitness - A Town Boxing Gym	10:30 am-11.30 am

### THURSDAY

Green Prescription by Appointment	1:00 pm - 3:00 pm
Ara Institute of Canterbury	10:00 am - 1 pm

### FRIDAY

Kiwisport Activator	12:00 pm - 4.00 pm
Partnership Community Worker	9:00 am - 5.00 pm
B4 School Checks (By Appointment )	9:00 am - 3.00 pm

**MONTHLY** **FREE COMMUNITY LUNCH: Every 2nd Thursday of each month 11:00 am - 12:15 pm**  
@ Café 53, Hampshire Street, Aranui.

NEED TO TALK?

1737

free call or text  
any time

### Beneficiary Advisory Services

**BAS** provides a service of information, support and advocacy to people on benefits and low incomes. Adrienne Keir is on site here at ACTIS every Monday from 12pm until 2pm. Come in with any questions or concerns you may have regarding your benefit.

You can also contact Adrienne by calling 03 379 8787 or 028 415 5982.

### Free Reading and Writing classes for adults

To find out more or to sign up call 0800 242476

**Euchre - For all ages, beginners welcome.**

**Every Wednesday without fail.**

**1pm - 4pm,**

**In the Heartland area at ACTIS**



Every Thursday from 9:30am until 11:30am, there will be helpful staff from Ara here at ACTIS, to hook you up with everything you need to know about starting a course at the Ara Institute of Canterbury. No appointments necessary, just rock on up to see what's on offer.



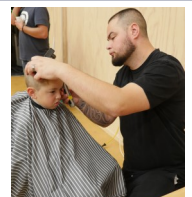
**Brekkie on the go in the month of June**, so many little grateful tummies to feed on the way to School.

Again a huge thank you to Ironbridge Real Estate for funding our monthly Breakfast which is such a hit with the kids of our community.



**MO TOWN**  
BARBERS

**MO TOWN BARBERS**  
**15 WOODLANDS PLACE, ARANUI**  
**PHONE: 027 365 8270**



### Bible Reading Group

Thursday 9:30 am until 10:30 am

We would like to extend a warm welcome to all women who might be interested in reading the bible.

Often people have questions when it comes to the bible they wonder why it might be relevant to them, they might feel that it's a book that is too hard or too long.

It doesn't matter what your previous experience with the bible is, we'd love to sit down to share and explore it together with anyone who is interested.

For more information please contact Elissa 021 02365910

### Foot Clinic 2nd Wednesday of each month

*For our senior community*

**Appointments essential, call 963 7070**

**Cost is a donation.** Your feet will be soaked in a warm spa, your toenails cut and then you will receive a foot massage.

*Unfortunately we are unable to offer this service to those with diabetes.*

Next Foot Clinic 11 July, 8 Aug



## 2018 - Dates to Remember

**Free Community Lunch: Thurs 12th July** 53 Hampshire Street, (Café) **11:00 am - 12:15 pm**

**Community Walking Group:** This group has decided to stop for the winter months. However those that would like are welcome to meet at ACTIS every Monday, 10:30am to play board games indoors.

**Indoor Bowls:** Every Tuesday NEW TIME. 10:30 am - 12:00 pm, \$2 per person, first session FREE

Aranui Wainoni Community Centre.

**Foot Clinic 2nd Wednesday of each month:** From 1:00 pm at Heartlands, Aranui Community Trust.  
Aranui Community Trust. Call 963 7070 bookings essential, next date **11 July**.

**Euchre Wednesdays - 1.00 pm - 4.00 pm, in the Heartland space.**

### Blanket Bank

**Located @**

**105 Brighton Mall**

**Phone: 388 9920**



### Emergency Food Bank

**Tues, Thurs, & Fri**

**10am—12pm**

**St Ambrose Church**

**309 Breezes Road**

**Ph 3886699**

**Need some help with your CV?**

**Every Thursday**

**10am until 11am**

**@ New Brighton Library**

We offer guidance on creating, updating and editing your CV.

This is a free service with no booking required.

### Staff Contacts for Aranui Community Trust, 37 Hampshire Street, Aranui, Christchurch 03 963 7070

**Rachael Fonotia**

**Manager**

03 963 7972

021 216 7177

**Sera Thompson**

**Administration and Heartland**

03 963 7070

Fax 03 963 7076

**Sheree Ruri**

**Reception**

03 963 7070

sheree@actis.org.nz

**Tania Kaa**

**Partnership Community Worker**

03 963 7095

021 906 330

tania@actis.org.nz

**Toe Smith**

**Partnership Community Worker**

03 963 7078

021 617 161

toe@actis.org.nz

**Tracey Hunter**

**Connectedness Coordinator**

03 963 7079

tracey@actis.org.nz

**Cheyenne Thompson**

**Kiwisport Activator**

03 963 7070

cheyenne@actis.org.nz

**Bobbie Campbell**

**ECE Coordinator**

03 963 7077

bobbie@actis.org.nz

Have our Newsletter emailed to you by contacting sera@actis.org.nz

**Aranui Community Trust Board:** Chairperson - Rob Davidson, Vice-Chair - Lorna Moke, Secretary - Anni Watkin, Treasurer - Jacqui Te Wani, James Beedles, Barry Campbell, Roy Appley, Mel Hiller, Glenn Livingstone & Mark Scown.