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# ARANUI COMMUNITY TRUST NEWSLETTER

# March



*Aranui. A proud community of hope and opportunities where people stand tall.*



**When:** Thursday 29th March **Where:** Aranui Wainoni Community Centre **Time:** 11:00 am - 1:00 pm

Loopy Tunes will be there to entertain your children with music, movement and interactive activities. Come along and enjoy a free morning of fun and education for your pre Schooler. Information on site about the many awesome pre –schools in and around the Aranui community. For more information, contact Bobbie at ACTIS on 03 963 7070. We look forward to seeing you there for a fun free day with your tamariki and the opportunity to connect with other parents and under 5 years olds in the Aranui community.

**Earthquake Memorable Morning Tea.** Thank you to the many community members that came along to share a morning with the Aranui Community Trust staff. A day to reflect and connect as a community, a reminder of our resilience 7 years on.



## Aranui Community Trust would like to introduce you to our newest team member



Hi there, my name is Sera my role at ACTIS is Administration and Heartland Services. My first week has been getting to understand my role, what services are available and meeting the awesome people of the Aranui community.

I may look familiar to a few of you from the AFFIRM Family festivals, were I have volunteered my time in the AFFIRM headquarters for the last 4 years.

I look forward to getting to know you all and being part of some of the exciting events we have planned for the community in the next coming months.

Feel free to introduce yourself the next time you are in ACTIS.

Website: [www.actis.org.nz](http://www.actis.org.nz)

Facebook: [Aranui Community Trust](https://www.facebook.com/AranuiCommunityTrust)

Opening Hours Mon - Thurs 9am - 5pm, Fridays 9am - 4pm

37 Hampshire Street, Aranui, Christchurch, 8061

PO Box 15036, Christchurch, 8061, Telephone: 03 963 7070

Next Newsletter due 14th April

Items due: 20th March by emailing Tracey

[tracey@actis.org.nz](mailto:tracey@actis.org.nz)

Newsletter available the 14th of each month

## Free Community lunch - Thursday 8th March - 11:00 am until 12:15pm



We have a few exciting changes happening for our free community lunches this year. Firstly the new venue, 53 Hampshire Street (Café), giving a relaxed feeling and heaps more space. The other change is we are adding a free lifelong learning skills component to our community lunches and welcome your ideas and suggestions.

At the March Community Lunch you will have the opportunity to learn cup cake decorating.

There is no pressure to be involved you are still more than welcome to just come along and enjoy the cupcake's with us.



### Hippy Aranui - learning to learn together.

**What is Hippy?** - A two year interactive home based programme for parents and youngsters, preparing parents and their children for school learning.

**Your child will learn about :** Books, letters, numbers, colours, shapes and other cool stuff that makes them awesome, like listening and following instructions, logical thinking and problem solving.

With some amazing stats to back up the benefits of your child's learning why not find out more about what Hippy can offer you. There is no cost to join Hippy and all learning materials are supplied.

Checkout their Facebook to read up on all the success stories on the Eastside <https://www.facebook.com/hippyaranui/>

### Meet our Partnership Community Workers here at the Aranui Community Trust

**Toe, Tania and Daniel** our **Partnership Community Workers (PCWs)** provide an effective, confidential and professional short term health navigation service.

#### A PCW can assist you with:

- Getting you to your Doctor if this is a problem for you.
- Finding your way around the health services.
- Support with Work and Income.
- Supporting you to manage your health and Wellbeing.
- Finding community services that could assist.
- Linking you to interpreter services
- Enrolling with a Pegasus medical practice if you do not have a doctor at present.

If you feel that Toe, Tania or Daniel would be able to assist you in any of the above ways please feel free to make an appointment by contacting either Toe on 021 617 161, Tania on 021 906 330 or pop into ACTIS at 37 Hampshire Street.



### **A Pretty Cool Story about a pretty cool community member.**

Xavier came into ACTIS with a phone he had found at Wainoni Park on his way to School one morning. The owner was very grateful for his quick thinking and honesty.

We here at ACTIS were very proud of Xavier and feel he is a great role model for all his mates. Thank you again Xavier for being such an awesome little dude with a kind heart.

## ARANUI COMMUNITY TRUST



**Aranui Mower Shed: Mon - Fri 9.00 am-3.00 pm for all Aranui community members.**

**Lawn Mower: \$20 deposit & \$8 Hire. Includes petrol.**

**You will need to fill out an application form and provide 2 forms of ID (address & photo)  
Chat to one of our friendly staff members for more details by calling 03 963 7070**

### FRUIT AND VEGE CO OP

**Every Wednesday order and collect from  
ACTIS. 37 Hampshire St**

**\$12.00 Fruit and Vege bags**

**\$6.00 Fruit and Vege bags**

**Fresh, in season and affordable.**

**For more formation call 03 963 7070**

### Community Law

**@ ACTIS every Tuesday 1pm - 4pm**

**Free legal advice**

**Appointments Necessary**

**Call 03 963 7070**



### Have-A-Go at Indoor Bowls! For our senior community

**Every Tuesday from 10:30 am - 12:30 pm (NOTE NEW TIME!) at the  
Aranui/Wainoni Community Centre, Hampshire Street, Aranui.**

**No experience necessary, all abilities welcome. Come along and give it a go.  
Please wear soft shoes. Cost per person is \$2. 1st session FREE!!**

**Contact Aranui Community Trust on 963 7070, for any enquiries.**

### FREE COMMUNITY LUNCH Aranui Community Trust

**Lunch is from 11.00 am—12:15 pm,  
on the 2nd Thursday of each month.**

**8th March and 12th April**

**All welcome, new venue 53 Hampshire  
Street, The Café, 3 shops down from ACTIS**

### Okinawa - Te Aranui - Karate, Self Defense

**A Family run organization striving to make our students and  
community safe. We teach karate, self defense, discipline,  
physical exercise and conditioning.**

**CLASS TIMES: TUES and THURS 6:30 pm—7:30 pm**

**FEES: \$2 per class. Free to join.**

**CONTACT: 981 1957, 233 Breezes Road, Aranui.**

**The Aranui Community Trust wishes to thank all of our funders, for working with us to  
make Aranui a proud community of hope and opportunities, where people stand tall.**



### QEII update - The hydroslide is being built at the new QEII Recreation and Sports center

Here's a nice side-by-side comparison: the new hydroslide being assembled this month (left), and an old photo found in the cobwebby depths of the Council archives showing the original hydroslide being assembled in 1981.



For up to date information and progress on the new QEII Recreation and Sports centre.

Check out the Christchurch City Councils [www.ccc.govt.nz/rec-and-sport/projects/qeii](http://www.ccc.govt.nz/rec-and-sport/projects/qeii)

### ATown Boxing Presents Rumble in the Hood

7pm - 16th March @ Aranui Wainoni Community Centre

\$20 for Adults and just \$5 for kids.

For more information contact Jamie on 021 167 7991

Supporting the efforts to  
STOP violence in our homes,  
our community and on the  
sportsfield.

Bring your aggression to the  
gym and the ring where it's  
legal and honorable.

ADULTS: \$20  
KIDS: \$5  
CORPORATE TABLES OF 8:  
\$400 OR \$50 PER SEAT



### Acts of Awesomeness!!

Many times during the year ACTIS is contacted by members of the Aranui and wider community offering various, Funding, support or donations.

**These kind donations are always greatly appreciated!**

Sheree and Tracey met with Stuart from the Neighbourhood Rotary

early February to discuss how we can better work together. The Neighbourhood Rotary have been kind enough to support so many of our events over the past few years such as the Senior Spring Dance, The Free Az Holiday programme, the Mothers Day event and so many others. It is wonderful that the Neighbourhood Rotary see the importance of a connected community that can come together to engage proactively in community events. Thank you again for your ongoing support, Neighbourhood Rotary you guys are AWESOME!!



### Congratulations to one of our Board members for Completing the Coast to Coast

In February Glenn Livingstone, who has been on the board for the Aranui Community Trust since 2014, completed the 2018 Coast to Coast.

What a great achievement to tick off the bucket list, congratulations Glenn all your hard work and determination paid off on the day. Your ACTIS Whanau are extremely proud of your commitment and dedication. We would love to say that we'd join you next year, but yeah nah sorry buddy we will leave the Coast to Coast as your thing.

### Pegasus Ladies Club—New Brighton - Creating new friendships

Have you ever thought about meeting new people? Sightseeing our beautiful City with a bunch of like minded, fun loving ladies? Our club is for retired and semi retired ladies.

We meet at 10.00 am on the 4th Monday of each month at Rawhiti Golf Club, 100 Shaw Ave, New Brighton.

For more information please contact: Clare on **383 3994** or Helen **385 5188**.

**Raise Our Men** The film features interviews with nine kiwi men, telling their stories. It shows that change is possible when men are shown and supported to choose a different respectful path.

To download the movie click on the following link and add the password Whiteribbon.

<https://vimeo.com/240588287>

IT IS  
**OK** TO ASK  
FOR HELP

0800 456 450  
[www.areyouok.org.nz](http://www.areyouok.org.nz)

## Keeping active over the summer months as a community

There are so many options available within the Aranui community to keep fit, active and social.

Below are just a few different options for all ages, fitness levels and whanau involvement.

	Activity	Days	Location	Cost	Contact Person
	Mums & Bubs Fitness	Wednesdays 10:30 am - 11:30 am	A Town Boxing Gym Wainoni Park	Gold coin donation	bobbie@actis.org.nz
	Walking Group All ages	10:30 am	Meet at Aranui Library	<b>Free</b>	Call ACTIS 963 7070
	Self Defence	Tues and Thurs 6:30pm - 7:30pm	233 Breezes Road	\$2 per class	981 1957
	A Town Boxing Gym.	Tues and Thurs 5:30pm - 7:00pm	32 Hampshire St Wainoni Park	\$5 per class	Call Jamie on 021 1677991
	Indoor Bowls <b>NEW TIME!</b>	Tuesdays 10:30 am - 12:30 pm	Aranui Wainoni Community Centre	1st session free \$2 per person	Call ACTIS on 963 7070
	Football Skills	Friday's 3:00 pm - 4:15 pm	Wainoni Park	<b>Free</b>	Call ACTIS on 963 7070

### What's happening at Wainoni Park after school with Cheyenne, Kiwisport Activator for ACTIS

From 23nd February, every Friday afternoon 3:00 pm - 4:15 pm on Wainoni Park. Cheyenne our Kiwisports Activator will be down at the park after school to share Football skills for those aged from 7yrs to 13yrs. No experience is necessary just some enclosed shoes on your feet and a water bottle.

We'll have the music playing, some Football drills set up, and a friendly game at the end of each session.

Whanau members are encouraged to come down, watch or join in. No registration required, so come on down learn a learn skill or show us some of your flash moves.



**AKO** - A group for all parents and caregivers to attend with their children 0 - 5 years of age.

Nau Mai!, Haere Mai, come Join us for play kai and a chat, every Thursday @ Aranui Wainoni Community Centre, From 10.00 am - 12.00 pm.

## Housing New Zealand is here to help

- If you're already a Housing New Zealand tenant, ring **0800 801 601** for enquiries about your property.
- To apply for a Housing New Zealand home, ring Ministry of Social Development on **0800 559 009**.

Tenancy managers Darryl Freeman and Tamsyn Edwards are at Heartlands every Tuesday and Wednesday 1-3pm.

**Housing New Zealand**  
Housing New Zealand Corporation



# Aranui Heartland Service

Phone: 963 7070, 35 Hampshire Street

**MONDAY— FRIDAY** Partnership Community Worker: 9:00 am - 5:00 pm

Kiwisport Coordinator: Mon 8:30 am -1:30 pm Wed - Fri 12:00 pm - 5:00 pm

**Fridays ACTIS closed  
by 4.00 pm**

Early Childhood Education: Mon—Thurs 9.00 am - 2.00 pm

Community Connectedness: Mon—Thurs 9.00 am - 3.00 pm

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<b>MONDAY</b>	Mower Shed (Mon - Fri)	9:00 am - 3:00 pm
	Walking Group, meet at Aranui Library	10:30 am - 11:30 am
	Beneficiary Advisory services	12:00 pm - 2.00 pm

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<b>TUESDAY</b>	Community Law	1:00 pm - 4:00 pm
	Budgeting - with Kingdom Resources	By Appointment
	Contact: 03 3321700	
	Housing New Zealand Corporation	1:00 pm - 3:00 pm
	Maori Land Court—by appointment	12:00 pm - 2:00 pm
	Mums and Bubs coffee group (Aranui Library )	10:00 am - 11 am
	Indoor Bowls \$2 cost per person	11:00 am - 1.30 pm
	Tenants Protection Association ( Fortnightly )	9:30 am - 11:30 am

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<b>WEDNESDAY</b>	Housing New Zealand Corporation	1:00 pm - 3:00 pm
	NZ Fire Service last Weds of each month	10:00 am - 2:00 pm
	Euchre— 3rd & 4th Wed of each month at ACTIS	1:30 pm - 4:00 pm
	Foot Clinic—2nd Wed of each month (By Appt)	1:00 pm Start
	Mums and Bubs Fitness - A Town Boxing Gym	10:30 am-11.30 am

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<b>THURSDAY</b>	Green Prescription by Appointment	1:00 pm - 3:00 pm
	Ara Institute of Canterbury	10:00 am - 1 pm

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<b>FRIDAY</b>	Kiwisport Activator	12:00 pm - 4.00 pm
	Partnership Community Worker	9:00 am - 5 pm
	B4 School Checks (By Appointment )	9:00 am - 3pm

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**MONTHLY** FREE COMMUNITY LUNCH: Every 2nd Thursday of each month 11:00 am - 12:15 pm

**NEED TO TALK?**

**1737**

**free call or text  
any time**

**New Brighton Community Fridge**

**Hawke Street, opposite  
Shoreline Gym.**

**Donations of food appreciated  
Helping yourself to food is  
encouraged.**

### **Beneficiary Advisory Services**

BAS provides a service of information, support and advocacy to people on benefits and low incomes.

We will be in the Heartland area of the Aranui Community Trust

**Every Monday from 12:00 pm - 2:00 pm**

### **Meme Mini Cabs & Tours**

This is a locally owned business that offers up to 4 passengers a reliable pick up/drop off or tour service throughout the South Island. Safe reliable and affordable. Why not give them a go, next time you are needing a ride. No job too big or too small.

Phone or text **022 152 1955**

Facebook page is Meme Mini Cabs and Tours.



- Are you wanting to jump on a course?
- Learn new skills?
- Keen to know what course are out there for you?

Every Thursday from 10:00 am until 1:00 pm, there will be helpful tutors from Ara here at ACTIS, to hook you up with everything you need to know about starting a course at the Ara institute of Canterbury.

Depression Support, Janet Robson of Depression Support network is available if you are finding life tough and need to talk to someone call 027 487 6269 or email [janet@dsn.org.nz](mailto:janet@dsn.org.nz)

### **Mums & Bubs Coffee Group**

**Every Tuesday**

**@**

**Aranui Library**

**10:00 am  
until 11:00 am**

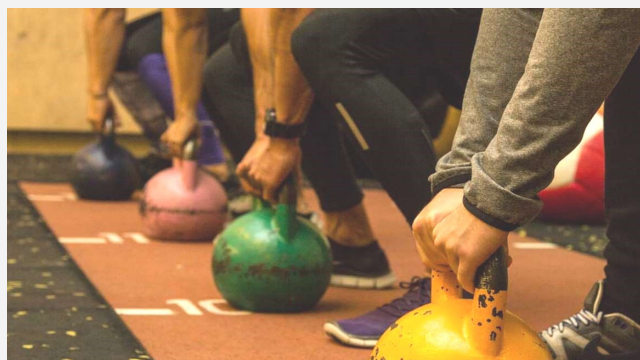
For more info give  
Bobbie a call on  
**03 963 7077**



### **EASTSIDE MUMS & BUBS FITNESS**

**Every Wednesday Morning 10:30 am - 11:30 am  
A Town Boxing Gym. Contact Bobbie on 963 7070**

Gold coin donation to attend



### **Foot Clinic 2nd Wednesday of each month**

*For our senior community*

**Appointments essential, call 963 7070**

**Cost is a donation.** Your feet will be soaked in a warm spa, your toenails cut and then you will receive a foot massage.

*Unfortunately we are  
unable to offer this service  
to those with diabetes.*

**Next Foot Clinic 14th March**



## 2018 - Dates to Remember

**Free Community Lunch:** Thurs 8th March, 53 Hampshire Street, (Café) 11:00 am - 12:15 pm

**Community Walking Group:** Every Monday, 10:30 am, meet at Aranui Library

**Indoor Bowls:** Every Tuesday 11:00 am - 2:00 pm until 13th March.

**New time from 20th March,** 10:30 am - 12:00 pm, \$2 per person, first session FREE

Aranui Wainoni Community Centre

**Foot Clinic 2nd Wednesday of each month:** From 1:00 pm at Heartlands, Aranui Community Trust. Call 963 7070 bookings essential, next date 14th March

**Euchre** now every 3rd and 4th Wednesday of the month- **1:30 pm - 4:00 pm, in the Heartland space.**

**Under 5yrs Play Day: FREE!** 29th March at the Aranui Wainoni Community Centre, call Bobbie on 963 7077 for more information.

**What's happening at Wainoni Park?** - Construction is underway for a storm water basin in Wainoni Park and upgrading some storm water pipes in Hampshire Street, to reduce flooding in the area caused by land damage since the earthquakes.

**WHEN: Works in Aldershot St from 27th Feb to 3rd March**  
**Works in Hampshire St from 5th March to 17th March**

Works in Wainoni Park are underway, and will be finished by June 2018.

Aldershot St will be reduced to one way only between Ben Rarere Ave & Portsmouth St from 27th Feb to 3rd March to allow the new stormwater basin connection to be constructed. The direction of the one way traffic will swap mid week as work progresses across the street. Owners will be notified directly by the contractor

### Staff Contacts for Aranui Community Trust, 37 Hampshire Street, Aranui, Christchurch 03 963 7070

**Rachael Fonotia**  
**Manager**

03 963 7972  
021 216 7177

**Sera Thompson**  
**Administration and Heartland**  
03 963 7070  
Fax 03 963 7076

**Trina Watkin**  
**Reception**  
03 963 7070  
trina@actis.org.nz

**Tania Kaa**  
**Partnership Community Worker**  
03 963 7095  
021 906 330

**Toe Smith**  
**Partnership Community Worker**  
03 963 7078  
021 617 161

**Daniel Hay**  
**Partnership Community Worker**  
022 043 8460  
daniel@actis.org.nz

**Tracey Hunter**  
**Connectedness Coordinator**  
03 963 7079  
tracey@actis.org.nz

**Cheyenne Thompson**  
**Kiwisport Activator**  
03 963 7070  
cheyenne@actis.org.nz

**Bobbie Campbell**  
**ECE Coordinator**  
03 963 7077  
bobbie@actis.org.nz

Have our Newsletter emailed to you by contacting sera@actis.org.nz

**Aranui Community Trust Board: Chairperson - Rob Davidson, Vice-Chair - Lorna Moke, Secretary - Anni Watkin, Treasurer - Jacqui Te Wani, James Beedles, Barry Campbell, Roy Appley, Mel Hiller, Glenn Livingstone & Mark**