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# ARANUI COMMUNITY TRUST NEWSLETTER

# December



**Aranui. A proud community of hope and opportunities where people stand tall.**

AFFIRM16 - 2017 was on December the 2nd and what a fantastic family day out!! Thank you to all involved behind the scenes, those who helped leading up to the big day and a huge thank you to you our community for showing up on such a hot, hot Christchurch summers day. The day was exactly how we envisioned, a proud community, showcasing local talent, sharing good family vibes with plenty of happy smiling faces.



**16AFFIRM  
WAINONI PARK**



**Hosted by  
Aranui Community Trust**



Come down to the office on Hampshire Street to check out heaps of the AFFIRM Frame pics. You can also pick up any photos that we take off the window from last years - 15AFFIRM.

Website: <http://www.actis.org.nz>  
Facebook: Aranui Community Trust  
Opening Hrs Mon—Thurs 9am - 5pm, Fridays 9am - 4pm  
37 Hampshire Street, Aranui, ChCh 8061 or PO Box 15036  
Aranui. Phone: 03 963 7070

Next Newsletter due 14th February 2018  
Items due: 20th January 2018  
[tracey@actis.org.nz](mailto:tracey@actis.org.nz)  
Newsletter available the 14th of each month



White Ribbon's focus was **Raise Our Boys** to have confident conversations around healthy relationships

The link to this free video is <https://vimeo.com/240588287> Password whiteribbon.

On Friday the 24th of November ACTIS organised their annual White Ribbon event at Ripene Ma Reserve.

What a fantastic turn out from the community. Thank you all who contributed to this special event. St James Primary School, Christchurch City Council, Ministry of Social Development, Red Cross, Court Theatre, Poto Williams, Whare Kawa Kaa and Canterbury Kiwi Daddys.



**Farewell to Sheree** - who will leave us on 26/01/18, Sheree started her role with ACTIS in 2012 as the Earthquake Support Coordinator. Then moving into her current role with Kiwisport where she has been outstanding and world famous in Aranui through her dedication, passion and drive for our community.

Being out and about in the community with Sheree by your side, you will always be greeted from the children with smiling faces and waving hand saying "Hi Sheree, Hi Sheree"

The connections, events and caring Sheree have shown to the Aranui Community is invaluable. We want to wish Sheree all the very best in her study to become a qualified teacher and we hope to see her teaching our kids at a local school in the near future.

The Staff and Board at the Aranui Community Trust will miss you, your waiata, your madness, and your charisma, we know this is not goodbye and we will see you from time to time. We know the education system, the families and children in schools will be blessed to have such a treasured taonga such as yourself. Great things are heading your way. Heaps of love from your ACTIS Whanau and the Aranui Community. xx

### Beneficiary Advisory Service ( BAS )

Located at Christchurch Community House

301 Tuam St Chch Central 8011

Phone: ( 03 ) 379 8787

Email: [bas.cprc@gmail.com](mailto:bas.cprc@gmail.com)

Website: [bas.org.nz](http://bas.org.nz)

Facebook: @Beneficiary Advisory Service

Opening Hours: Mon - Thurs 9:30am - 2:30pm, Fri 9:30 - 2pm

### Problems with WINZ? BAS can help!

BAS offers independent information, advice, support and advocacy to people on benefits and low incomes, mostly with their problems with Work and Income. Initial contact is

usually by phone, but we also have several queries about rights and entitlements to complex legal cases involving application, investigation, reviews, appeals and complaints. We have vast experience and knowledge in this specialized area of welfare law.



## ARANUI COMMUNITY TRUST



**Aranui Mower Shed: Mon— Fri 9.00am-3.00pm for all Aranui community members.**  
**Lawn Mower: \$20 deposit & \$8 Hire. Includes petrol.**

You will need to fill out an application form and provide 2 forms of ID (address & photo)  
Chat to one of our friendly staff members for more details by calling 03 963 7070

**REMINDER: Last day to hire lawn mower for 2017 is Tuesday 19th December**

### FRUIT AND VEGE CO OP

Every Wednesday order & collect from ACTIS.

37 Hampshire St

\$12.00 Fruit and Vege bags

\$6.00 Fruit & Vege bags

Fresh, in season and affordable.

For more formation call 03 963 7070

**Last order for 2017 is Wednesday the 13th of December**

### Community law

**@ ACTIS every Tuesday 1pm—4pm**

**Free legal advice**

**Appointments Necessary**

**Phone 03 963 7070**



### Have-A-Go at Indoor Bowls! For our senior community

**Every Tuesday from 11am—1.30pm at the Aranui/Wainoni  
Community Centre, Hampshire Street, Aranui.**

No experience necessary and all abilities welcome. Come along to try it out. Please wear soft shoes. Cost per person is \$2. **1st session FREE!!**

**FREE COMMUNITY LUNCH - ARANUI COMMUNITY TRUST - FRIDAY 8th DECEMBER - 37 HAMPSHIRE STREET ARANUI. 11am UNTIL 12:15pm. ALL WELCOME, FRIENDS, FAMILY, NEIGHBORS. COME ALONG FOR OUR LAST COMMUNITY LUNCH FOR 2017.**

The Aranui Community Trust wishes to thank all of our funders, for working with us to make Aranui a proud community of hope and opportunities, where people stand tall.



Take the time to  
have your women's  
health checks

Call now to enquire about  
having a Breast Screen  
or Cervical Screen



0800 270 200



0800 729 729

[www.timetoscreen.nz](http://www.timetoscreen.nz)

There are a million  
reasons to have a screen.  
Here's three.



### Meme Mini Cabs & Tours

This is a locally owned business that offers up to 4 passengers a reliable pick up/drop off or tour service throughout the South Island. Safe reliable and affordable. Why not give them a go, next time you are needing a ride. No job too big or too small.

Phone or text **022 152 1955**

Facebook page is

Meme Mini Cabs and Tours.



**Acts of Awesomeness** - The last month has seen some amazing generous donations from some awesome people. A big thank you to you all

- **Libby Searl** and all her wonderful clients for donations of women's clothes - these went to our Eastside Mums and Bubs Fitness group.
- **Emily, John and Peter** for all the bread, buns and rolls that have continuously donated all through the month of November.
- **The Lyttelton Roary Club** for the awesome handmade wooden toys - During the year these kind gentlemen get together each month to make beautiful hand made wooden toys to give away to communities across Christchurch.
- **Christchurch City Mission** for the AFFIRM Chrissy Presents
- **Steve Toms** - For supporting the Aranui Junior Touch module in 2016 and again in 2017.
- To out 40+ volunteers at AFFIRM. These guys have donated their time from June onwards to make this event possible for the Aranui community.

**SENIOR CHEF WANANGA** Cooking classes for older adults - Starting the 13th of February

**Senior Chef Wananga** is a **FREE** 8 week cooking Wananga for people aged 55yrs and over. Its for people who want to improve their cooking skills or gain motivation/confidence when cooking for one or two people.

**It's a hands on practical approach, in a relaxed atmosphere with plenty of laughter.**

**Next Wananga - Aranui/Wainoni Community Centre**

**Every Tuesday - 13th February - 3rd April 2018**

**Every Tuesday, 3 hours long—10am to 1pm, usually 8—10 people.**

Each weekly hui includes: Eating well for older people, menu planning, budgeting & shopping tips, nutritional bang for buck. Preparing and cooking a meal in pairs and as a roopu.

Sharing kai together at the end.

Contact Us Senior Chef Team on 3741639 or [senior.chef@pegasus.org.nz](mailto:senior.chef@pegasus.org.nz) or contact Tracey at the Aranui Community Trust on 9637070.



## Aranui Community Trust, Staff Stats for 2017

With another awesome year nearly done and dusted your Whanau at the Aranui Community Trust wanted to share with you a few stats about their roles and jobs within the community.

### Connectedness and contact with the Aranui community for 2017 = 34,851

This includes coordinated meetings run by ACTIS & Health and Wellbeing service providers,

- All the amazing work Sheree does with Kiwisport in the schools and after hours such as Junior Touch module, Fast 5 netball, Have a Go day, Free Az Holiday Program.
- Kath at reception with the lawn mower hire, Fruit and Vege Co op, Community Law, Phone calls, walk in's and Heartland programs.
- Community engagement events by Bobbie and Tracey - Eastside Mums and Bubs fitness, Kids Day out, Mothers Day Event, Spring Dance & White Ribbon.
- Our amazing Partnership Community workers, Tania, Toe and Dan with their home visits, GP and hospital visits, Social services/WINZ support, their endless triage meetings and growing number of referrals.
- Rachael the manager of the Aranui Community Trust - working tirelessly to continue networking, building relationships, & securing funding.
- Team efforts include - Welcoming Scotland to Aranui and our yearly Whanau Festival AFFIRM.



### Pegasus Ladies Club—New Brighton

Are you looking for company, friendship & something to do? Our club is for retired & semi retired ladies. We meet at 10am on the 4th Monday of each month at Rawhiti Golf Club, 100 Shaw Ave, New Brighton. For more information please contact: Clare on Ph: **383 3994** or Helen Ph: **3855 188**

## Housing New Zealand is here to help

- If you're already a Housing New Zealand tenant, ring **0800 801 601** for enquiries about your property.
- To apply for a Housing New Zealand home, ring Ministry of Social Development on **0800 559 009**.

Tenancy managers Darryl Freeman and Tamsyn Edwards are at Heartlands every Tuesday and Wednesday 1-3pm.

**Housing New Zealand**  
Housing New Zealand Corporation





## Aranui Heartland Service

Phone: 963 7070—35 Hampshire Street

### MONDAY— FRIDAY

Friday's ACTIS closes at  
4pm

Partnership Community Worker	9am—5pm
Kiwisport Coordinator	9am—4pm
Early Childhood Education ( Mon—Thurs)	9am—2.30pm
Community Connectedness (Mon—Thurs )	9am—3pm

### MONDAY

Mower Shed ( Mon—Fri )	Daily 9am—3pm
Walking Group ( meet at Aranui Library )	10.30am—11:30am

### TUESDAY

Community Law	1pm—4pm
Budgeting - with Kingdom Resources	By Appt
Ph: 03 3321700	
Housing New Zealand Corporation	1pm—3pm
Maori Land Court—by appointment	12pm - 2pm
Mums and Bubs (every 2nd Tues Aranui Library )	10am—11am
Indoor Bowls \$2 cost per person	11am—1.30pm
Tenants Protection Association ( Fortnightly )	9:30am—11:30am

### WEDNESDAY

Housing New Zealand Corporation	1pm—3pm
NZ Fire Service, last Weds of each month	10am—2pm
B4 School Checks (By Appt )	9am—3pm
Euchre— 3rd & 4th Wed of each month at ACTIS	1:30pm-4pm
Foot Clinic—2nd Wed of each month (By Appt)	1pm Start
Mums & Bubs Fitness - A Town Boxing Gym	10:30 - 11.30

### THURSDAY

Hagley Literacy Pathways Programme	1pm—3:30pm
Green Prescription by Appt	11am - 1pm
Ara Institute of Canterbury	10am—1pm

### FRIDAY

Kiwisport Coordinator	9am—4pm
Partnership Community Worker	9am—5pm

### MONTHLY

Free Community Lunch

8th Dec. 11am - 12:15pm

As we wind up to the end of the year and all that is involved in the preparation of Christmas, here is a reminder that there are some awesome services available that take a little pressure off.

- Food Bank—Salvation Army - Portsmouth St
- Community Fridge - Saint Faiths, Hawke St
- Café & Foodbank - St Ambrose Church, 309 Breezes Rd
- Affordable Counselling - 021 236 2977
- Supporting families in mental illness - 3669 284
- New Brighton Blanket Bank—105 NB Mall - 388 9920
- Tania Kaaa - Partnership community worker will be available via phone 02190 6330

- 24/7 Te Whare Hauora - Whanau support & Crisis line - 0800 11 74 74
- Civil Defense 0800 324 636
- SPCA Canterbury - 03 349 7057
- 24 hour surgery - 401 Madras Bealey Ave
- Red Cross - 0800 733 2767
- Youth line - text 234
- Age concern - 0800 803 344

## **Taking care of yourself is the best selfish thing you can**

### **Aranui Library Activities Over Christmas**

Mon 18 Dec - Christmas photo Booth

Weds 20 Dec - Christmas Craft

Fri 22 Dec - Christmas Treats

Mon 15 Jan - Board Games

Wed 17 Jan - Challenges

Fri 19 Jan - 3D Printing

Mon 22 - Jan Scavenger Hunt

Wed 24 - Jan Art & Craft



This phone number is available 24/7 even on public holidays. This number is at no cost from a mobile phone or land-line. Anything you have on your mind and need to express or need help with is important. Because YOU are important.

**NEED TO TALK?**

**1737**

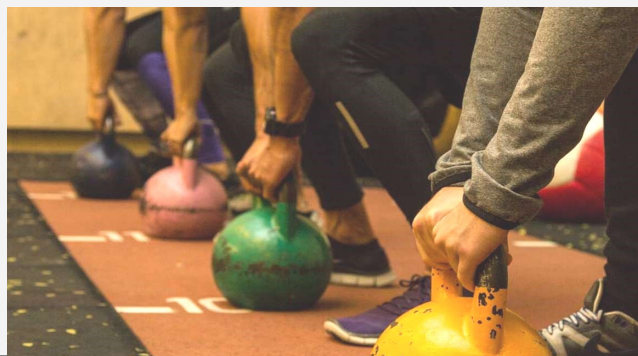
**free call or text  
any time**

### **EASTSIDE MUMS & BUBS EXERCISE GROUP**

**Every Wednesday Morning 10:30am—11:30am**

**A Town Boxing Gym Ph Bobbie, 963 7070**

Gold coin donation to attend



### **Foot Clinic 2nd Wednesday of each month**

*For our senior community*

**Appointments Essential. Call : 963 7070**

**Cost is a donation.** Your feet will be soaked in a warm spa, your toenails cut and then you will receive a foot massage.

*Unfortunately we are unable to offer this service to those with diabetes.*

LAST FOOT CLINIC 29th Nov



## 2017/2018 - Dates to Remember

**Community Lunch: 8th Dec @ Aranui Community Trust, 11am—12:15pm**

**Final Fruit & Vege final delivery for 2017 - Wednesday 13th Dec - 12pm - 3pm**

**Euchre: last get together - Weds 13th Dec, 1pm until 4pm in Heartland**

**Aranui Community Trust - Closed from 12pm Wednesday December the 20th and will re open Monday the 8th of Jan 2018**

The Board and staff at the Aranui Community Trust, wish you all a very Merry Christmas and Happy New Year. Stay safe, be kind, be happy. We will be back fresh and full of energy to work with you and along side you in 2018.

The Maori Land Court is a Court of Record about Maori Land and the owners since 1865.



- We deliver a range of services to you regarding Maori Land which include:
- Advisory services - first point of contact when dealing with the Maori Land Court ( enquiries )
- Registry services - receives applications filed with the Maori Land Court ( case management/judicial support )
- Our purpose is to assist Maori land owners, their whanau and hapu with retaining, occupying, developing and using the land, because Maori land is a taonga to Maori people.
- Contact the Advisory Team - Adrienne or Olly on 03 962 4900 Or Email: [mlctewaipounamu@justice.govt.nz](mailto:mlctewaipounamu@justice.govt.nz)

**Staff Contacts    Aranui Community Trust 37 Hampshire Street, Aranui, Chch 8061    Ph: 03 963 7070**

**Rachael Fonotia**  
**Manager**

Ph: 963-7072 Mobile: 021 2167 177  
Email: [Rachael@actis.org.nz](mailto:Rachael@actis.org.nz)

**Kath Hamilton**  
**Administration & Heartland**

Ph: 963-7070 Fax: 963-7076  
Email: [Kathhamilton@actis.org.nz](mailto:Kathhamilton@actis.org.nz)

**Reception**

**Ph: 963-7070**

**Tania Kaa**  
**Partnership Community Worker**

Ph 03963 7095 or Ph: 021906330  
Email: [tania@actis.org.nz](mailto:tania@actis.org.nz)

**Toe Smith**  
**Partnership Community Worker**

Ph: 963-7078 Mobile 021617161  
Email: [toe@actis.org.nz](mailto:toe@actis.org.nz)

**Daniel Hay**  
**PCW**

Email: [Daniel@actis.org.nz](mailto:Daniel@actis.org.nz)  
Ph: 0220438460

**Tracey Hunter**  
**Connectedness Coordinator**

Ph: 963-7079  
Email: [tracey@actis.org.nz](mailto:tracey@actis.org.nz)

**Sheree Ruri**  
**Kiwisport Coordinator**

Email: [Sheree@actis.org.nz](mailto:Sheree@actis.org.nz)

**Bobbie Campbell**  
**ECE Coordinator**

Ph: 963-7077  
Email:  
[Bobbie@actis.org.nz](mailto:Bobbie@actis.org.nz)

Have our Newsletter emailed to you by contacting [kathhamilton@actis.org.nz](mailto:kathhamilton@actis.org.nz)

**Aranui Community Trust Board: Chairperson - Rob Davidson, Vice-Chair - Lorna Moke, Secretary - Anni Watkin, Treasurer - Jacqui Te Wani, James Beedles, Barry Campbell, Roy Appley, Mel Hiller, Glenn Livingstone & Mark Scown.**