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ARANUI COMMUNITY TRUST NEWSLETTER

November



Aranui. A proud community of hope and opportunities where people stand tall.

Sat 2nd Dec 2017

16 AFFIRM



Wainoni Park, Hampshire Street, Aranui.

9:30am - 4:pm

Featuring: *Swiss, Sid Diamond, Israel Starr, TJ Taotua*

A **free** family friendly event for all ages, showcasing local talent, free children's rides & entertainment. A variety of ethnic food stalls, Health Stalls, information on available services within the community. Prizes, giveaways and so much more. This event is a not to be missed it's a wonderful family day out!!

THIS IS A FREE EVENT!! FREE RIDES—FREE ENTERTAINMENT - THERE IS A COST FOR THE FOOD STALLS



This is a alcohol, free, smoke free event. We also ask that there are to be no dogs on the park.



Website: <http://www.actis.org.nz>

Facebook: Aranui Community Trust

Opening Hrs Mon—Thurs 9am - 5pm, Fridays 9am - 4pm

37 Hampshire Street, Aranui, ChCh 8061 or PO Box 15036

Aranui. Phone: 03 963 7070

Next Newsletter due 14th December 2017

Items due: 20th November

tracey@actis.org.nz

Newsletter available the 14th of each month



ARANUI COMMUNITY WELCOMES THE SCOTLAND RUGBY LEAGUE TEAM

What a fantastic turn out from the Aranui community to show support to the Scotland Rugby League Team arriving in Christchurch for the Rugby League World Cup.

Bag pipes played for the Scots on their arrival to train on our flash new Wainoni Park grounds. The streets were filled with smiling faces and blue and white balloons, several Scottish flags proudly on display.

A magnificent haka performance from the students of Haeata community college was well received with a reply from the Scots singing Flower of Scotland.

The Scotland Rugby League Team were overwhelmed and appreciated such a warm and friendly welcome to Aranui. They complimented us on what a great introduction to Christchurch the day was.

The team enjoyed how laid back and easy going the Aranui community members were. They especially enjoyed all the eager young children who had turned up and spent time having football passes with the children, signing autographs and getting photo's with fans of all ages.



WHITE RIBBON— IT IS OK TO ASK FOR HELP



Friday 24th November

5pm until 7pm

**Ripene Ma Reserve, crn of
Hampshire St & Wainoni Rd.**

**Lets come together to show our
support as a community that we
are here to listen , we are here to
help.**

Changing the world one community at a time

**FAMILY
VIOLENCE
IT'S NOT OK**

**IT IS
OK TO ASK
FOR HELP**

ARANUI COMMUNITY TRUST



Aranui Mower Shed: Mon— Fri 9.00am-3.00pm for all Aranui community members.
Lawn Mower: \$20 deposit & \$8 Hire. Includes petrol.

You will need to fill out an application form and provide 2 forms of ID (address & photo)
Chat to one of our friendly staff members for more details by calling 03 963 7070

REMINDER: Last day to hire lawn mower for 2017 is Tuesday 19th December

FRUIT AND VEGE CO OP

Every Wednesday order & collect from ACTIS.

37 Hampshire St

\$12.00 Fruit and Vege bags

\$6.00 Fruit & Vege bags

Fresh, in season and affordable.

For more formation call 03 963 7070

Last order for 2017 is Wednesday the 13th of December

Community law

@ ACTIS every Tuesday 1pm—4pm

Free legal advice

Appointments Necessary

Phone 03 963 7070



Have-A-Go at Indoor Bowls! For our senior community

**Every Tuesday from 11am—1.30pm at the Aranui/Wainoni
Community Centre, Hampshire Street, Aranui.**

No experience necessary and all abilities welcome. Come along to try it out. Please wear soft shoes. Cost per person is \$2. **1st session FREE!!**

Contact Aranui Community Trust on 963 7070, for any enquiries.

FREE COMMUNITY LUNCH WITH Aranui Community Trust

This month the Free Community Lunch hosted by ACTIS will be held
out the back of ACTIS

Rain plan will be in Heartlands, Aranui 37 Hampshire Street.

Please feel free to bring a neighbour, family member or friend.

FREE COMMUNITY LUNCH 11am to 12:15pm - 2nd Nov & 8th Dec



The Aranui Community Trust wishes to thank all of our funders, for working with us to make Aranui a proud community of hope and opportunities, where people stand tall.

Christchurch
City Council



Rātā
Foundation



THE TRUSTS
Community
FOUNDATION



PEGASUS
HEALTH



MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA



NEW ZEALAND
RED CROSS
KŌHĀ WHERO KŌHĀKOA



Lottery Grants Board
Te Puna Tahua
LOTTO FUNDS FOR YOUR COMMUNITY

COGS
Community Organisation
Grants Scheme



YOUTHTOWN

Take the time to
have your women's
health checks

Call now to enquire about
having a Breast Screen
or Cervical Screen



0800 270 200



0800 729 729

www.timetoscreen.nz

There are a million
reasons to have a screen.
Here's three.



Meme Mini Cabs & Tours

This is a locally owned business that offers up to 4 passengers a reliable pick up/drop off or tour service throughout the South Island. Safe reliable and affordable. Why not give them a go, next time you are needing a ride. No job too big or too small.

Phone or text **022 152 1955**

Facebook page is
Meme Mini Cabs and Tours.

Acts of Awesomeness!!

Many times during the year ACTIS is contacted by members of the Aranui and wider community offering various donations.

These kind donations are always greatly appreciated.

This month we have had some awesome donations from a community member by the name of Lyn and her daughter Paula. Together they have donated some beautiful well cared for baby clothes, baby furniture and other baby items. These beautiful baby items were shared out amongst our Eastside Mums and Bubs fitness group. Both Mums and Babies were absolutely stoked to know these were donated to them by a community member. We appreciate you both giving back to the community, and think you are awesome!!!



The Fruit and Vege Co-op are looking for volunteers.

Every Wednesday from 10:30 - until 12:30pm. Based at Bromley community Hall, 45 Bromley Road.

If you think this is something you would like to do to give back to the community please give Des a call on **021721575**

Proactive Drive offers a free 2 hour programme called "In The Drivers Seat where a driving instructor takes 3 youth, who have their Learners license, out in the car with them for driving experience, road safety tips and help with their restricted license. You can book by going to the Proactive Drive website and entering your contact details in the EN-QUIRE section. Staff will phone you to co-ordinate a time for you and 2 others to have a lesson at the same time.

ZUMBA @Aranui Wainoni Community Centre. A fun low impact easy to follow exercise for active older adults who are young at heart. Zumba fitness workout—anyone can join in by mixing low intensity, high intensity and moves for an interval style, calorie burning dance fitness. Great for your mind, body & soul.

Monday: 10 - 11am - Thursday: 10:30 - 11:30am, Thursday night: 6:30 - 7:30pm—Cost \$5

Contact Mele on 021 216 5039

Pegasus Ladies Club—New Brighton

Are you looking for company, friendship & something to do? Our club is for retired & semi retired ladies. We meet at 10am on the 4th Monday of each month at Rawhiti Golf Club, 100 Shaw Ave, New Brighton.

For more information please contact: Clare on Ph: **383 3994** or Helen Ph: **3855 188**

Mid November see's these lovely ladies off to enjoy their end of year luncheon at The Chateau on the Park.

Keeping active over the summer months as a community

There are so many options available within the Aranui community to keep fit, active and social.

Below are just a few different options for all ages, fitness levels and whanau involvement.

	Activity	Days	Location	Cost	Contact Person
	Junior Touch Rugby	Friday's from 4pm	Chisnallwood Intermediate School	\$5 per player, or \$50 per team.	Sheree@actis.org.nz
	Fast 5 Netball	Wednesdays 6pm Starts 18th Oct	Haeata	Free. each team must provides a referee.	Sheree@actis.org.nz
	Mums & Bubs Fitness	Wednesdays 10:30am - 11:30am	A Town Boxing Gym Wainoni Park	Gold coin donation	bobbie@actis.org.nz
	Walking Group All ages	10:30am	Meet at Aranui Library	Free	Phone ACTIS Ph: 39637070
	Self Defense	Tues & Thurs 6:30 - 7:30pm	233 Breezes Road	\$2 per class	Phone 981 1957
	A Town Boxing Gym.	Tues & Thurs 5:30pm - 7pm	32 Hampshire St Wainoni Park	\$5	Ph Jamie on 021 1677991
	Indoor Bowls	Tuesdays 11am - 130pm	Aranui/Wainoni Community Centre	1st session free \$2 per person	Phone ACTIS Ph: 39637070

StarJam Christchurch's end of year concert 2017 is on Sunday the 26th of November

@ Haeata Community College

240 Breezes Road, Wainoni. Concert at 7pm, community BBQ at 6pm



StarJam empowers young people with disabilities through performance opportunities here in Chch and nationwide. Through StarJam hundreds of young people with disabilities are empowered, supported, extended and welcomed into a space where the focus is always on what you can achieve not what you can't.

Be prepared to be swept up in an evening filled with sensational singing, dazzling dancing and so much more. Come along and support our young people—Its an evening for the whole family.

Housing New Zealand is here to help

- If you're already a Housing New Zealand tenant, ring **0800 801 601** for enquiries about your property.
- To apply for a Housing New Zealand home, ring Ministry of Social Development on **0800 559 009**.

Tenancy managers Darryl Freeman and Tamsyn Edwards are at Heartlands every Tuesday and Wednesday 1-3pm.





Aranui Heartland Service

Phone: 963 7070—35 Hampshire Street

MONDAY— FRIDAY

Friday's ACTIS closes at 4pm

Partnership Community Worker	9am—5pm
Kiwisport Coordinator	9am—4pm
Early Childhood Education (Mon—Thurs)	9am—2.30pm
Community Connectedness (Mon—Thurs)	9am—3pm

MONDAY

Mower Shed (Mon—Fri)	Daily 9am—3pm
Walking Group (meet at Aranui Library)	10.30am—11:30am

TUESDAY

Community Law	1pm—4pm
Budgeting - with Kingdom Resources	By Appt
Ph: 03 3321700	
Housing New Zealand Corporation	1pm—3pm
Maori Land Court—by appointment	12pm - 2pm
Mums and Bubs (every 2nd Tues Aranui Library)	10am—11am
Indoor Bowls \$2 cost per person	11am—1.30pm
Tenants Protection Association (Fortnightly)	9:30am—11:30am

WEDNESDAY

Housing New Zealand Corporation	1pm—3pm
NZ Fire Service last Weds of each month	10am—2pm
B4 School Checks (By Appt)	9am—3pm
Euchre— 3rd & 4th Wed of each month at ACTIS	1:30pm-4pm
Foot Clinic—2nd Wed of each month (By Appt)	1pm Start
Mums & Bubs Fitness - A Town Boxing Gym	10:30 - 11.30

THURSDAY

Hagley Literacy Pathways Programme	1pm—3:30pm
Green Prescription by Appt	11am - 1pm
Ara Institute of Canterbury	10am—1pm

FRIDAY

Kiwisport Coordinator	9am—4pm
Partnership Community Worker	9am—5pm

MONTHLY

Free Community Lunch

2nd Nov & 08th Dec. 11am - 12:15pm



Hi Tania Smith here, sadly I have finished my role at ACTIS (through Presbyterian Support) I wanted to say a big thank you to the Aranui Community and ACTIS for having me around for the year of my contract. I have loved my job working with older adults on the Eastside and leave with many lasting fond memories.
My new role is at Methodist Mission working with families needing social housing, which will be really interesting. Stay cool!! Hei kona mai. :)

From ACTIS Staff & Board - Thank you Tania for being you, for all your hard work within the Aranui community and your commitment to so many community members. Your friendly smile and dedication will be missed. Your whanau on the East wish you all the very best in your new role. We look forward to catching up with you at this years AFFIRM family festival.

As we wind up to the end of the year and all that is involved for the preparation of Christmas, a reminder that there are some awesome services available for us to access and may help take a little pressure off .

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|-------------------------------------------------------|----------------------------------------------------|
| * Food Bank—Salvation Army - Portsmouth St | * New Brighton Blanket Bank—105 NB mall - 388 9920 |
| * Community Fridge - Saint Faiths, Hawke St | * Supporting families in mental illness - 3669 284 |
| * Café & Foodbank - St Ambrose Church, 309 Breezes Rd | * Affordable Counselling - 021 236 2977 |



Ara Institute of Canterbury

On site at ACTIS every Thursday
from 10am through to 1pm.

No bookings necessary come on in & chat with Michelle or one of the friendly staff from Ara.

- Find out useful information on all course's and services available.
- Education information that suits your needs.
- Expert Staff with connections to many other providers within NZ.
- Face to face questions answered for you.

Ara Institute of Canterbury cater for all ages looking to upskill. Come on in and meet the team from Ara every Thursday here at ACTIS—let them assist and guide you to a pathway of success.

NEED TO TALK?

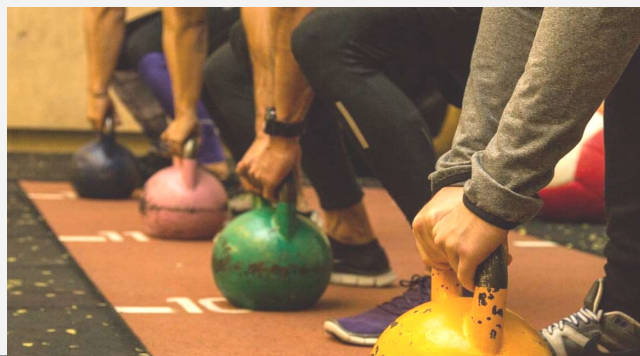


**free call or text
any time**

EASTSIDE MUMS & BUBS EXERCISE GROUP

Every Wednesday Morning 10:30am—11:30am
A Town Boxing Gym Ph Bobbie, 963 7070

Gold coin donation to attend



Foot Clinic 2nd Wednesday of each month

For our senior community

Appointments Essential. Call : 963 7070

Cost is a donation. Your feet will be soaked in a warm spa, your toenails cut and then you will receive a foot massage.

*Unfortunately we are
unable to offer this service
to those with diabetes.*

LAST FOOT CLINIC 29th Nov



2017 - Dates to Remember

Community Lunch: 2nd Nov & 8th Dec @ Aranui Community Trust, 11am—12:15pm

Indoor Bowls: Every Tuesday - 11am—2pm \$2 per person Aranui/Wainoni Community Centre

Foot Clinic 2nd Wednesday of each month. Next clinic is the 8th and 29th of November from 1pm @ Heartlands, Aranui Community Trust. Phone 963 7070 to book an appointment. (There will be no Foot Clinic in the month of December.)

Euchre now every 3rd and 4th Wednesday of the month—15th & 22nd of November **1:30pm - 4pm**

White Ribbon 24th Nov @ Ripene Ma Reserve, Cnr Hampshire St & Wainoni Rd 5pm until 7pm

AFFIRM16 2nd December @ Wainoni Park, Hampshire St, Aranui. 9:30am - 4:00pm

Wainoni Park - The fencing around Wainoni Park will stay up until after the quarter finals of the Rugby League World cup, giving the option for the team that makes quarter finals to use these grounds for training runs.

The Basketball Courts are ready!! Enjoy your game time whanau.

Road Works - The road workers are working their way along Hampshire Street towards Breezes Road. The completion date for this is the end of November with weather permitting.

Thank you for your patience with everything that has been happening towards enhancing our community.

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Have our Newsletter emailed to you by contacting kathhamilton@actis.org.nz

Aranui Community Trust Board: Chairperson - Rob Davidson, Vice-Chair - Lorna Moke, Secretary - Anni Watkin, Treasurer - Jacqui Te Wani, James Beedles, Barry Campbell, Roy Appley, Mel Hiller, Glenn Livingstone & Mark Scown.