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ARANUI COMMUNITY TRUST NEWSLETTER

August



Aranui. A proud community of hope and opportunities where people stand tall.

Free Az School Holiday program

Once a year, our amazing Sheree works tirelessly to secure funding for ACTIS to host a 1 week "Free Az School Holiday Program". 20+ children from the Aranui Community are selected by their teachers for living the School values, giving effort in all they do and showing respect for themselves and others. This is the 2nd year we have successfully held this holiday program with the ongoing funding & support of the Neighbourhood Rotary.



The holiday week was busy with the kids out and about each day, having fun and learning skills. They enjoyed the Hip hop sessions, Flip Out, baking, Court Theatre, hanging with the Crusaders Academy and making new friends.

Website: <http://www.actis.org.nz>

Facebook: Aranui Community Trust

Opening Hrs Mon—Thurs 9am - 5pm, Fridays 9am - 4pm

37 Hampshire Street, Aranui, ChCh 8061 or PO Box 15036

Aranui. Phone: 03 963 7070

Next Newsletter due 14th September 2017

Items due: 20th August to tracey@actis.org.nz

Newsletter available from the 14th of each month

Have our Newsletter emailed to you by contacting

kathhamilton@actis.org.nz



Are you voting this year??

23rd September 2017 is Election Day.

Maybe you're someone who votes every year? Or maybe you have never voted?

If you are not on the Electoral roll and want to vote, call into ACTIS/Heartland and we will be happy to help you fill out the form to get you on the General Roll or the Maori Roll.

Maybe you are unsure about voting because you don't want to have your name published on the Electoral Roll? It is possible that you may be eligible to be on a confidential Electoral Roll. If you have any questions about the Election process - call into **ACTIS** and if we don't have the answer to your questions, we will find it out for you.

Pegasus Ladies Club—New Brighton

Are you looking for company, friendship & something to do? Our club is for retired & semi retired ladies. We meet at 10am on the 4th Monday of each month at Rawhiti Golf Club, 100 Shaw Ave, New Brighton.

For more information please contact: Clare on Ph: **383 3994** or Helen Ph: **3855 188**

These friendly bunch of outgoing happy ladies always have wonderful day trips planned and are also organising a group to come along to the ACTIS Senior Spring Dance held on the 8th of September.



Island Cuisine - 82a Wainoni Road, Aranui

Open Tuesday to Sunday 8am—6pm

\$10.00 BBQ Box Fri, Sat & Suns from 12pm (These are huge!!)

Panikeke 4 for \$1 (These are yum!!)

If you are looking for a massive feed, made with love locally, pop on into Faaosfia - Island Style Cuisine.

Contribute towards positive change in our community

Margaret from our amazing Aranui community and who is also a member of the Christchurch Pegasus Lions foundation is looking for wine & beer bottle tops, can tabs, bread tabs and milk bottle tops. All to be recycled and go towards a few fantastic causes such as child cancer, community crafts and the glass bottle house in Southshore.

If you are interested in stock piling any of these items to help Margaret with this wonderful cause, please feel free to give her a call to arrange a time that suits you for collection on **021 112 7265**. Here at **ACTIS** we have made a commitment to save up all our milk bottle tops to help Margaret.

Mums & Bubs coffee group with Bobbie

@ Aranui Library, 10 - 11am - Tea/coffee/biscuits provided.

Dates: 15th August & 29th August

Come along meet other Mums and Bubs in your community



**Citizens
Advice
Bureau**

Ngā Pou Whakawhirinaki
o Aotearoa



Contact your local Citizens advice Bureau **0800 367 222**

Or pop in and have a chat. The closest Citizens Advice Bureau from ACTIS is situated in the Hub upstairs at Eastgate Mall.

ARANUI COMMUNITY TRUST



Aranui Mower Shed: Mon— Fri 9.00am-3.00pm for all Aranui community members.

Lawn Mower: \$20 deposit & \$8 Hire. Includes petrol.

**You will need to fill out an application form and provide 2 forms of ID (address & photo)
Chat to one of our friendly staff members for more details by calling 03 963 7070**

FRUIT AND VEGE CO OP

Every Wednesday order & collect from ACTIS.

37 Hampshire St

\$12.00 Fruit and Vege bags

\$6.00 Fruit & Vege bags

Fresh, in season and affordable.

For more formation call 03 963 7070

Community law

@ ACTIS every Tuesday 1pm—4pm

Free legal advice

Appointments Necessary

Phone 03 963 7070



Have-A-Go at Indoor Bowls! For our senior community

**Every Tuesday from 11am—1.30pm at the Aranui/Wainoni
Community Centre.**

**No experience necessary and all abilities welcome. Come along to try it
out. Please wear soft shoes. Cost per person is \$2. 1st session FREE!!**

**Contact Tania Smith at ACTIS on 963 7070, mobile 027 540 5442 with any
enquiries.**

FREE COMMUNITY LUNCH WITH ACTIS

This month the Free Community Lunch hosted by ACTIS will be held at ACTIS/Heartlands, Aranui

37 Hampshire Street

Please feel free to bring a neighbour, family member or friend.

FREE COMMUNITY LUNCH 11am to 12:15pm - 10th August



**The Aranui Community Trust wishes to thank all of our funders for working with us to make
Aranui a proud community of hope and opportunities where people stand tall.**

**Christchurch
City Council**



**Rātā
Foundation**



**THE TRUSTS
Community
FOUNDATION**



**PEGASUS
HEALTH**



**MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA**



**NEW ZEALAND
RED CROSS**



**Lottery Grants Board
Te Puna Tahua
LOTTO FUNDS FOR YOUR COMMUNITY**

**COGS
Community Organisation
Grants Scheme**



YOUTHTOWN

Beach Vista - Social Club Term 3 Programme 2017

3 August	out	Movie at Gwenda's
10 August	in	Board Games
17 August	out	Lyttleton
24 August	in	Card Games
31 August	out	Caddyshack mini golf (\$5)

7 Sept	in	Indoor Bowls
14 Sept	out	Daffodil lawn, Boatshed café
21 Sept	in	Board Games
28 Sept	out	Lunch at Little River (leave 11:30am)

We meet at Grace Vineyard beach Campus, 111 Seaview Rd, New Brighton

We alternate between a day in and an outing, weather permitting! Cost \$2 a session (unless otherwise stated.) All welcome! For more information contact Gwenda on 022 044 1472 or 03 388 7265



Acts of Awesomeness!! Many times during the year ACTIS is contacted by members of the Aranui community and wider community with offers of donations.

These kind donations are always greatly appreciated.

During the first week of the July school holidays, 5 awesome guys from the Canterbury Crusaders Academy gave up their time to come and hang out with some lucky local kids from the Aranui community.

The guys spent time playing fun activity games that all the kids participated in and enjoyed. (There are photo's and videos of this on our Facebook page). After 3 solid hours of fun and games these guys sat down and had lunch with all the kids. The conversations had between the kids and the Crusaders academy guys were full of laughter and encouragement towards our young people. Canterbury Crusaders Academy you guys are awesome!! The time you spent with the kids was invaluable!!

Don't forget

The Parenting Show with Pio is on this month - for one night only!

Tuesday: 29th August

7pm Start

Haeata Community Campus

240 Breezes Road, Wainoni

This is a FREE event but spaces are limited so please book through Dash Ticketing. If you not have access to a PC or printer come into ACTIS and Tracey or Sheree will help you register online.

www.dashtickets.co.nz

**Building Awesome Whanau
with Pio Terei**




Community TechHelp

Do you have a question, problem or need a hand with technology?
Come to one of our weekly tech help sessions.





Join us:

- 1) Call 0800 938 474 to RSVP
- 2) Bring your device and/or question

Locations:

Heathcote Cricket Club, Tuesdays 1-3 PM
 Wainoni Methodist Church, Thursdays 1-3 PM
 Woolston Community Centre, Fridays 10 AM - 12 PM
 More locations as requested

How can we help?

- Phones, computers, tablets
- Updates or lost passwords
- Facebook, YouTube, Skype
- Become a whiz with Uber
- Photos and much more



We take the time to teach you. Learn new tricks

A message from New Zealand Fire Service - Wainoni

As the winter drags on it gets harder to get the clothes dry on the line. If you are using an electric tumble dryer please clean the lint filter out every time before using it. Fires in clothes dryers are really common at this time of the year. Also if drying clothes in front of heaters or log burners keep them at least 1 metre away. It is really easy to keep your whanau fire safe with a few simple steps.

We are more than happy to call around to your home to do a FREE home fire safety check to help make sure you are not at risk of having a house fire. We can also check your smoke alarms and help you with a Home Escape Plan.

Give Wainoni Station a call on **382 8843** to arrange a time, or call into the ACTIS office and leave your details with the team. Take care, keep warm, be safe from Shane and the team at Wainoni Fire Station.

Senior Spring Dance, for the senior's of the Aranui community and surrounds.

Friday the 8th of September at the Aranui Wainoni Community Centre - 5pm until 8pm

This is a free community event for all senior citizen's of the Aranui community and surrounding suburbs. Come along to meet others and enjoy a good old fashioned night out. Supper provided and fun to be had. Please register your interest before the 1st of September by calling Tracey on **03 963 7079**.



Senior Spring Dance

- Rock n Roll demonstration
- Music from the 50's, 60's & 70's
- Supper provided
- Spot prizes
- Live music tbc
- Friday 8th September
- 5pm until 8pm

Kiwi Family Trust—Firewood Saving Scheme - Winter heating cost can be difficult to keep up with. The Kiwi Family Trust have come up with a solution to help you save for next years firewood costs. With free delivery, and help to stack the wood if needed. Kiwi Family Trust pay for your wood directly to the supplier and will also add \$1 to your savings for every \$3.50 you save with them throughout the year.

Call Natasha to find out more on their toll free number **Ph 0508543375** or checkout their website to understand all the great opportunities and services they can provide for you.

<http://www.kiwifamilytrust.org/home.asp>

Housing New Zealand is here to help

- If you're already a Housing New Zealand tenant, ring **0800 801 601** for enquiries about your property.
- To apply for a Housing New Zealand home, ring Ministry of Social Development on **0800 559 009**.

Tenancy managers Darryl Freeman and Tamsyn Edwards are at Heartlands every Tuesday and Wednesday 1-3pm.

Housing New Zealand
Housing New Zealand Corporation



Aranui Heartland Service

Phone: 963 7070—35 Hampshire Street

MONDAY— FRIDAY

Friday's ACTIS is closed
by 4pm

Aranui Neighbourhood Nurse	10am—3pm
Partnership Community Worker	9am—5pm
Kiwisport Coordinator	9am—4pm
Early Childhood Education (Mon—Thurs)	8:30am—1.30pm
Community Connectedness (Mon—Thurs)	9am—3pm
Social Worker (Older Adults 55+)	8:30am—5pm

MONDAY

Mower Shed (Mon—Fri)	Daily 9am—3pm
Walking Group (meet at Aranui Library)	10.30am—11:30am

TUESDAY

Community Law	1pm—4pm
Budgeting - with Kingdom Resources	By Appt
Ph: 03 3321700	
Housing New Zealand Corporation	1pm—3pm
Maori Land Court—(1st Tuesday of each month)	12 - 2pm
Mums and Bubs (every 2nd Tues Aranui Library)	10am—11am
Free Blood Pressure Check at ACTIS	3pm—4pm
Indoor Bowls (Older seniors 50+ \$2 cost per person	11am—2pm
Tenants Protection Association (Fortnightly)	9:30am—11:30am

WEDNESDAY

Housing New Zealand Corporation	1pm—3pm
NZ Fire Service last Weds of each month	10am—2pm
B4 School Checks (By Appt)	9am—3pm
Euchre— 3rd Wed of each month at ACTIS	1:30pm-4pm
Foot Clinic—2nd Wed of each month (By Appt)	1:30pm Start
Housie—St Ambrose Church 1st Wed of the month	2pm—4pm

THURSDAY

Hagley Literacy Pathways Programme	1pm—3:30pm
Green Prescription by Appt	11am—1pm

FRIDAY

Kiwisport Coordinator	9am—4pm
Aranui Neighbourhood Nurse	10am—3pm
Partnership Community Worker	9am—5pm

MONTHLY

Free Community Lunch	10th August
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Hi ! Hannah here, the Aranui Neighbourhood Nurse! This month is about Our Living Environment!!

With all the floods, earthquake damaged homes and awful weather, all the more reason to address the question .You've seen it on tv, heard it on the radio but, **ARE YOU PREPARED?** Not just for an earthquake event or flooding, but **ANY** emergency?

Here's some things to remember in order to help you and your whanau be prepared !

1– **Purchase a large plastic bin with a clip in lid to store things** - important documents (eg, birth certificates, identification), food (dry or canned) and pet food, torch, potable radio, batteries, medication, water, spare warm clothing, blankets, spare toothbrush/toothpaste .



2– **Put this container in a place that is easy to get to**, so in an emergency you can grab it and go. Avoid stacking other items on top of it.



3– **Sit down with your whanau and make a plan** around what to do in an emergency and give jobs for example– Dad grabs the container, Mum turns off gas and grabs Felix the cat in his carrier on the way out the door, children grab each other and stick with Dad. Whatever arrangement works for you and your whanau!



4– **Keep your Cell phones charged** and if you can , have a spare top up card for emergencies. Write a list of numbers for all members of your whanau and other important numbers to have in the container.

5– If you have a car, make sure you **keep your petrol topped up at least half**. If you do not have a car make sure you have a plan in place such as a friend who has transport or a safe place your whanau can travel to safely on foot. **In an emergency Civil Defence will inform you and update regularly, so keep a battery operated radio handy at all times.**

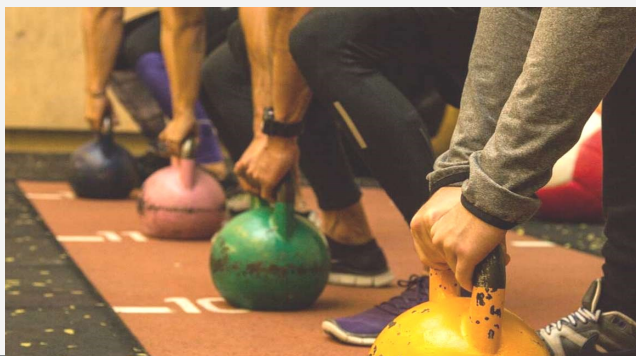
If you haven't already, come into ACTIS to pick up your copy of our **EMERGENCY RESPONSE BOOKLET**, which is full of information when dealing with an emergency situation.

Grandparents United is a support network hosted by grandparents for grandparents within the local Aranui community who are raising their grandchildren. Every 2 weeks they meet up for a cuppa and a friendly catch up about the needs, struggles and successes that comes with raising grandchildren. They also organise wonderful family outings and get-together's for the whole family.

Grandparents United next meet dates are **11th & 25th of August, 8th & 22nd September, 10 - 12am at North Beach Christian Fellowship, Tedder Ave.** For more information you are more than welcome to give Grant a call on **3852510**.

EASTSIDE MUMS & BUBS EXERCISE GROUP
Every Wednesday Morning 10:30am—11:30am
A Town Boxing Gym Ph Bobbie, 963 7070

Gold coin donation to attend



Foot Clinic 2nd Wednesday of each month

For our senior community

Appointments Essential. Call : 963 7070

Cost is a donation. Your feet will be soaked in a warm spa, your toenails cut and then you will receive a foot massage.

Unfortunately we are unable to offer this service to those with diabetes.



2017 - Dates to Remember

Community Lunch: Thurs, 10th of August @ Heartland, 11am—12:15pm

Community BBQ: Mon 21st August, 12:30pm - 1:30pm outside ACTIS

Indoor Bowls: Every Tuesday - 11am—2pm \$2 per person Aranui/Wainoni Community Centre

Social Housie: - 1st Wednesday of each month: 2nd August 2pm to 4pm at St. Ambrose, Breezes Road.

Foot Clinic 2nd Wednesday of each month. Next clinic is **9th August** from 1pm at Aranui Heartlands, Aranui Community Trust. Phone Hannah on 963 7070 to book an appointment.

Blood Pressure Checks with Hannah - every Tuesday 3pm—4pm at ACTIS

Euchre: 3rd Wednesday of each month - 16th August 1:30 - 4pm at ACTIS

Wainoni Park Update: Yay! We are nearing completion of the grounds. The removal of the huge dirt hill beside the basketball courts should be finished before the end of the month. Thank you for your patience and awareness with the trucks coming and going through the laneway during the school holidays. The dirt taken away will be reused at Hagley Park.

So I guess the next question is when will the fencing around the fields be removed for you all to enjoy these flash new grounds? The Christchurch City Council will inform us of a date once they have made a decision dependant on a lot of healthy grass growth and some much needed sunshine.

Staff Contacts Aranui Community Trust 37 Hampshire Street, Aranui, Chch 8081 Ph: 03 963 7070

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Manager

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Kath Hamilton

Administration & Heartland

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Reception

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Tania Kaa

Partnership Community Worker

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Email: tania@actis.org.nz

Toe Smith

Partnership Community Worker

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Daniel Hay

PCW

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Tracey Hunter

Connectedness Coordinator

Ph: 963-7079

Email: Tracey@actis.org.nz

Sheree Ruri

Kiwisport Coordinator

Email: Sheree@actis.org.nz

Bobbie Campbell

ECE Coordinator

Ph: 963-7077

Email: Bobbie@actis.org.nz

Hannah

Aranui Neighbourhood Nurse

Ph: 963 7075 Mobile: 021 310 836

Email Hannah@actis.org.nz

Tania Smith

Social Workers for seniors

Ph: 027 540 5442

Email: tancias@psusi.org.nz

Aranui Community Trust Board: Chairperson - Rob Davidson, Vice-Chair - Lorna Moke, Secretary - Anni Watkin, Treasurer - Jacqui Te Wani, James Beedles, Barry Campbell, Roy Appley, Mel Hiller, Glenn Livingstone & Mark Scown.